



## Focus on Lymphoma guides patients through treatment and beyond

By: Wayne Williams / September 11, 2014

Lymphoma is a type of blood cancer with over 60 subtypes. It is the fifth most common type of cancer (after breast, lung, colon and prostate) and has an unprecedented prevalence among young adults and adolescents -- it's the most common form of cancer in the under 30s. It's also the cancer that killed my mother.

The disease is still largely ambiguous to many, however, and so ahead of World Lymphoma Awareness Day (15 Sept), the [Lymphoma Research Foundation](#) is pushing its first-of-a-kind mobile app, Focus on Lymphoma, which provides comprehensive information and tools to help patients and caregivers understand the disease and manage treatment.

The app offers the most up-to-date research specific to each patient's subtype, available clinical trials, a "doctor session tool box" that provides a single location for patients to store information from their doctor, including: medications, special instructions, dietary restrictions and so on.

The app also has a tool for physicians to monitor and encourage better compliance of their patient care plans.

Focus on Lymphoma is free and available for iOS and Android. You can get it from the [App Store](#) and [Google Play](#).