



THE LYMPHOMA RESEARCH FOUNDATION (LRF) IS PLEASED TO PRESENT THE SECOND EDITION OF THE LYMPHOMA RESOURCE GUIDE. ALL OF US AT LRF HOPE THAT IT WILL BE A VALUABLE GUIDE FOR ANYONE FACING A DIAGNOSIS OF LYMPHOMA, INCLUDING THEIR LOVED ONES AND THE PROFESSIONALS WHO CARE FOR THEM.

THE FOUNDATION'S STAFF HAS COMPILED THIS UPDATED AND EXPANDED LISTING OF ORGANIZATIONS, ONLINE RESOURCES, AUDIO AND VIDEOTAPES, PUBLICATIONS AND THERAPIES THAT ARE EITHER IN DEVELOPMENT OR HAVE BEEN APPROVED BY THE FOOD AND DRUG ADMINISTRATION IN RECENT YEARS. WITH THE UNDERSTANDING THAT INDIVIDUALS HAVE DIFFERENT NEEDS FOR INFORMATION, SUPPORT AND PRACTICAL ASSISTANCE AT DIFFERENT POINTS THROUGHOUT THEIR JOURNEY WITH LYMPHOMA, WE HOPE THAT THIS WILL BE A USER-FRIENDLY GUIDE TO HELP PEOPLE MANAGE ALL ASPECTS OF BATTLING, LIVING WITH AND SURVIVING THIS DISEASE.

WE WELCOME YOUR FEEDBACK REGARDING THE USEFULNESS OF THESE RESOURCES AND INVITE SUGGESTIONS FOR EXCELLENT RESOURCES THAT MAY HAVE BEEN INADVERTENTLY OMITTED. PLEASE ALSO CONTACT THE FOUNDATION TO TAKE ADVANTAGE OF OUR PATIENT EDUCATION, INFORMATION AND SUPPORT SERVICES AND JOIN US IN OUR MISSION TO ERADICATE ALL FORMS OF LYMPHOMA.

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*Patient Education, Services, and Support*

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and to Steve Gould for their unique contributions to this guide.

Additional individual copies of the *Lymphoma Resource Guide* are  
available free of charge. Shipping and handling charges apply to bulk orders.  
To order, please contact the Los Angeles office.

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**Conditions for use of the Lymphoma Resource Guide**

The information contained in this Lymphoma Resource Guide (Guide) is intended to stimulate dialogues between patients and their health care providers regarding lymphoma-related health care strategies and medical and mental health treatment. No person should ever rely upon self-diagnosis or self-treatment of any major illness, and lymphoma is no exception. Therefore, the information contained in this Guide must be used in conjunction with full disclosure and consultation with the individual's health care providers. Embarking upon a course of treatment without consultation with a health care provider can further compromise one's health and even lead to life-threatening consequences.

Nor is the information contained in this Guide intended to be used uncritically by any health care provider or health care facility. Health care providers and health care facilities are not relieved of their duties to research the most up-to-date literature available to determine if any particular drug or treatment or course of treatment is appropriate for their patients or for any particular patient.

The information contained in this Guide relates to the full spectrum of information currently available from the established to the experimental, but cannot possibly—and does not—include all information available. The treatment of lymphoma is a highly individualized field, and no single treatment works for all persons in all situations. The Lymphoma Research Foundation (LRF) does not endorse any treatment, course of treatment, drug, pharmaceutical company, health strategy, health care provider, health care facility or any other person or thing referred to in this Guide. LRF makes no warranties, representations, or endorsements about the efficacy of any drug or treatment or course of treatment or about the competence of any health care provider or health care facility.

LRF is not responsible or liable to any person or any entity for any claim, injury, harm, or loss allegedly arising out of the use of or reliance upon this Guide or any information contained in the Guide.

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## [Chapter One]

# Resources

## LYMPHOMA SPECIFIC RESOURCES

### **Lymphoma Research Foundation (LRF)**

8800 Venice Boulevard, Suite 207  
Los Angeles, CA 90034  
(310) 204-7040  
(800) 500-9976

111 Broadway, 19th Floor  
New York, NY 10006  
(212) 349-2910  
(800) 235-6848

*E-mail:* [LRF@lymphoma.org](mailto:LRF@lymphoma.org)  
*Website:* [www.lymphoma.org](http://www.lymphoma.org)

The Lymphoma Research Foundation (LRF) promotes and supports high quality research, provides educational and emotional support programs, and free publications, including a quarterly newsletter, for lymphoma patients and their families. Through its national and grassroots outreach and advocacy work, LRF leads the lymphoma community in raising awareness of this disease and in the fight to increase government funding of lymphoma research.

### **International Waldenstrom's Macroglobulinemia Foundation (IWMF)**

2300 Bee Ridge Road, Suite 301  
Sarasota, FL 34239-6226  
(941) 927-4963

*E-mail:* [iwmf@earthlink.net](mailto:iwmf@earthlink.net)  
*Website:* [www.iwmf.com](http://www.iwmf.com)

IWMF is dedicated to providing patient support and education and research funding leading to improved treatment and an ultimate cure. IWMF also provides various free publications, including a treatment options handbook and an

overview on WM, as well as national and international support group referrals.

### **The Leukemia & Lymphoma Society**

1311 Mamaroneck Avenue, 3rd Floor  
White Plains, NY 10605  
(914) 949-5213  
(800) 955-4572

*E-mail:*

[infocenter@leukemia-lymphoma.org](mailto:infocenter@leukemia-lymphoma.org)

*Website:* [www.leukemia-lymphoma.org](http://www.leukemia-lymphoma.org)

The Leukemia & Lymphoma Society is a national voluntary health agency that supports medical research and provides free health educational materials, financial assistance, education programs, information and referral services, support groups, and a professionally supervised peer support program for patients with leukemia, lymphoma, and myeloma and their families. Some Spanish publications are available.

### **Mycosis Fungoides Foundation (MFF)**

P.O. Box 374  
Birmingham, MI 48012-0374  
(248) 644-9014

*E-mail:*

[mffoundation@mffoundation.org](mailto:mffoundation@mffoundation.org)

*Website:* [www.mffoundation.org](http://www.mffoundation.org)

MFF offers a CTCL-MF online support/information listserv that consists of over 700 members, from 20 different countries who share their experiences living with MF, Sézary Syndrome, and other related diseases. MFF also offers a non-clinical Q&A pamphlet for recently diagnosed patients and a quarterly newsletter subscription, which is included with an annual membership fee.

## Lymphoma On-line Resources

### **Lymphoma Association**

[www.lymphoma.org.uk](http://www.lymphoma.org.uk)

The Lymphoma Association in the United Kingdom raises funds for research and provides emotional support and information on a range of issues to anyone with lymphatic cancer and to their families and friends. Services are available to people living in England, Scotland, Wales, and Northern Ireland, who contact the organization by telephone or letter.

### **Lymphoma Information Network**

[www.lymphomainfo.net](http://www.lymphomainfo.net)

The Lymphoma Information Network strives to do two things: put a bit of humanity and understanding to this disease and to gather lymphoma information and resources in one place.

### **Lymphoma Foundation Canada (LFC)**

[www.lymphoma.ca](http://www.lymphoma.ca)

The Lymphoma Foundation Canada provides support for those who face lymphoma and to those who undertake research in the diagnosis, treatment, and cure of lymphoma. LFC focuses on lymphoma issues and treatment in Canada.

### **Patients Against Lymphoma**

[www.lymphomation.org](http://www.lymphomation.org)

The Patients Against Lymphoma website provides a helping hand from patient to patient by sharing evidence-based information and voicing patient perspectives in the fight against non-Hodgkin's lymphomas.

## CANCER RESOURCES (GENERAL)

### **The American Cancer Society (ACS)**

1599 Clifton Road, NE  
Atlanta, GA 30329-4251  
(800) ACS-2345 (227-2345)

Website: [www.cancer.org](http://www.cancer.org)

The American Cancer Society is a nationwide community-based voluntary health organization. Its prevention programs focus on tobacco control, sun protection, diet and nutrition, comprehensive school health education and early detection and treatment. A variety of cancer information and support services are available to patients and their families. Publications are available upon request free of charge.

### **Cancer Care, Inc.**

(800) 813-HOPE (4673)

Website: [www.cancercare.org](http://www.cancercare.org)

Cancer Care is a national non-profit organization whose mission is to provide free professional help to people with all cancers through counseling, education, information and referral and direct financial assistance.

-See *Emotional Support* section for complete listing

### **International Cancer Alliance (ICA)**

4853 Cordell Avenue, Suite 206  
Bethesda, MD 20814  
(301) 654-7933

(800) ICARE-61 (422-7361)

E-mail: [ica@icare.org](mailto:ica@icare.org)

Website: [www.icare.org](http://www.icare.org)

ICA provides a quarterly newsletter, *Cancer Breakthroughs*, and *Cancer Therapy Review*, which includes information on Hodgkin's disease and non-Hodgkin's lymphoma. All information is free of charge.

### **National Cancer Institute (NCI)**

#### **Cancer Information Services (CIS)**

NCI Public Inquiries Office,  
Suite 3036A  
6116 Executive Boulevard, MSC 8322  
Bethesda, MD 20892-8322  
(800) 4-CANCER (422-6237)  
(800) 332-8615 TTY

Website: [www.cancer.gov/cis](http://www.cancer.gov/cis)

The NCI's Cancer Information Service is a national information and education network that provides up-to-date cancer materials in both English and Spanish and makes referrals to local cancer resources and services. Publications are available upon request free of charge.

### **National Coalition for Cancer Survivorship (NCCS)**

1010 Wayne Avenue, Suite 770  
Silver Spring, MD 20910  
(888) 650-9127  
(877-622-7937) (For material orders)

E-mail: [info@canceradvocacy.org](mailto:info@canceradvocacy.org)

Website: [www.canceradvocacy.org](http://www.canceradvocacy.org)

The NCCS mission is to ensure the quality of cancer care for all Americans. Through nationwide programs, policy expertise, and publications, NCCS empowers cancer patients and caregivers, giving them tools for living well. NCCS provides leadership and education, supports cancer research, and promotes responsible advocacy. Spanish information is available through the website.

### **Vital Options® International**

15821 Ventura Boulevard, Suite 645  
Sherman Oaks, CA 91436  
(818) 788-5225  
(800) 477-7666  
(818) 788-5260 fax

E-mail: [info@vitaloptions.org](mailto:info@vitaloptions.org)

Website: [www.vitaloptions.org](http://www.vitaloptions.org)

Vital Options® is a cancer support, advocacy and communications organization and the producer of The Group Room®, a cancer talk-radio show for patients, families, friends, and health care professionals.

## Cancer On-line Resources

### **Healthology**

[www.healthology.com](http://www.healthology.com)

Healthology produces and distributes physician-generated health and medical information with a sizeable library of original health webcast programs and physician-authored articles on the web.

### **Healthtalk**

[www.healthtalk.com](http://www.healthtalk.com)

HealthTalk Interactive (HTI) connects patients with people who can answer their questions via interactive web broadcasts (webcasts) that are designed to offer more than clinical medical information. HealthTalk allows patients to ask questions of experts in the webcasts, then archives the programs and transcripts on their website.

### **Rare Cancer Listserv**

To subscribe, e-mail [listserv@listserv.acor.org](mailto:listserv@listserv.acor.org). Leave the subject line blank. The message should say "Subscribe rare your name." To post messages to the group, e-mail [rare-cancer@listserv.acor.org](mailto:rare-cancer@listserv.acor.org). You have the option to subscribe anonymously by typing "Subscribe rare anonymous." Please note that your e-mail address will appear on posted messages even if you subscribe anonymously.

## CAREGIVERS, FAMILY & FRIENDS

### Center for Caregiver Training

1320 Divisadero Street  
San Francisco, CA 94115  
(415) 563-9286  
E-mail: [celi@caregiving101.org](mailto:celi@caregiving101.org)  
Website: [www.caregiving101.org](http://www.caregiving101.org)  
The Center for Caregiver Training provides free caregiver classes in the San Francisco Bay Area, an *In-Service Training* for professional caregivers, and an online course, *Caregiving 101*, for family, partners and friends of people with cancer.

### Family Voices

3411 Candalaria NE, Suite M  
Albuquerque, NM 87107  
(505) 872-4774  
(888) 835-5669  
E-mail: [kidshealth@familyvoices.org](mailto:kidshealth@familyvoices.org)  
Website: [www.familyvoices.org](http://www.familyvoices.org)  
Family Voices is a national grass-roots organization composed of families and professional friends who care for and about children with special health care needs. Family Voices provides referrals to individuals in each state who are able to provide information on services available for children in their state.

### Kids Connected

27071 Cabot Road, Suite 102  
Laguna Hills, CA 92653  
(949) 582-5443  
(800) 899-2866  
E-mail: [info@kidsconnected.org](mailto:info@kidsconnected.org)  
Website: [www.kidsconnected.org](http://www.kidsconnected.org)  
Kids Connected is a national non-profit organization that provides friendship, understanding, education and support to kids who have a parent with cancer. Kids Connected also provides free resource packages

with books and teddy bears for kids and families.

### National Family Caregivers Association (NFCA)

10400 Connecticut Avenue,  
Suite 500  
Kensington, MD 20895-3944  
(301) 942-6430  
(800) 896-3650  
E-mail: [info@nfcacares.org](mailto:info@nfcacares.org)  
Website: [www.nfcacares.org](http://www.nfcacares.org)  
NFCA provides education, support, empowerment and advocacy for people caring for their ill, aged or disabled loved ones. NFCA addresses the common needs and concerns of all family caregivers. With free NFCA membership, caregivers can receive a newsletter, Internet and toll-free telephone access to professional caregiver advisory, support services and a Prescription Drug Discount Program. A Bereavement Kit is also available for purchase.

### Well Spouse Foundation

63 West Main Street  
Suite H  
Freehold, NJ 07728  
(732) 577-8899  
(800) 838-0879  
(732) 577-8644 fax  
E-mail: [info@wellspouse.org](mailto:info@wellspouse.org)  
Website: [www.wellspouse.org](http://www.wellspouse.org)  
The Well Spouse Foundation is a non-profit organization formed to give emotional support, raise consciousness about and advocate for spouse/partners of the chronically ill or disabled. Annual membership includes a subscription to the *Mainstay* newsletter, participation in regional support groups (where available), and reduced fees for select workshops.

## Caregiver On-line Resources

### The Never-Ending Squirrel Tale

E-mail: [dmcaron@squirreltales.com](mailto:dmcaron@squirreltales.com)  
Website: [www.squirreltales.com](http://www.squirreltales.com)  
The Never-Ending Squirrel Tale is an uplifting and practical Website to encourage and empower the parents of kids with cancer at a time when they feel the most discouraged and powerless. It offers practical tips and encouragement as well as on-line resources for the parents of kids with cancer.

### Caregivers Listserv

To subscribe, e-mail [listserv@listserv.acor.org](mailto:listserv@listserv.acor.org). Leave the subject line blank. The message should say "Subscribe Caregivers your name." To post messages to the group, e-mail [caregivers@listserv.acor.org](mailto:caregivers@listserv.acor.org). You have the option to subscribe anonymously by typing "Subscribe Caregivers anonymous." Please note that your e-mail address will appear on posted messages even if you subscribe anonymously.

## CHILDHOOD CANCER

### Candlelighters Childhood Cancer Foundation (CCCF)

P.O. Box 498  
Kensington, MD 20895-0498  
(301) 962-3520  
(800) 366-2223  
E-mail: [info@candlelighters.org](mailto:info@candlelighters.org)  
Website: [www.candlelighters.org](http://www.candlelighters.org)  
CCCF is a national non-profit organization whose mission is to educate, support, serve and advocate for families whose children have been diagnosed with cancer, survivors of childhood cancer, and the professionals who care for them.

Resources, free publications, treatment-related information, support services, as well as referrals are available upon request.

### **Children's Cancer Association (CCA)**

7524 SW Macadam Avenue, Suite B  
Portland, OR 97219

(503) 244-3141

E-mail: [office@e-cca.org](mailto:office@e-cca.org)

Website:

[www.childrenscancerassociation.org](http://www.childrenscancerassociation.org)

The Children's Cancer Association's goal is simple: the programs bring the joy of music, the magic of wishes, the power of information and compassion for seriously ill children and their families. CCA works directly with kids, families and medical professionals in Oregon and SW Washington. They also provide a free national resource directory on childhood cancer.

### **Famous Fone Friends**

9101 Sawyer Street

Los Angeles, CA 90035

(310) 204-5683

E-mail: [fonefriends@aol.com](mailto:fonefriends@aol.com)

Famous Fone Friends connects hospitalized and homebound children with celebrities through telephone calls.

### **National Childhood Cancer Foundation**

(Also known as the Foundation for the Children's Oncology Group)

444 E. Huntington Drive, Suite 402

Arcadia, CA 91006

(626) 447-1674

(800) 458-6223

E-mail: [info@conquerkids cancer.org](mailto:info@conquerkids cancer.org)

Website: [www.conquerkids cancer.org](http://www.conquerkids cancer.org)

NCCF supports the work of the Children's Oncology Group at over 235 childhood cancer research and

treatment centers throughout North America, and advocates for children with cancer and their families.

A free newsletter, *Childhood CancerLine*, is available upon request.

### **Kids Cancer Network**

P.O. Box 4545

Santa Barbara, CA 93140

(623) 551-9330

E-mail: [info@kidscancernetwork.org](mailto:info@kidscancernetwork.org)

Website: [www.kidscancernetwork.org](http://www.kidscancernetwork.org)

Kids Cancer Network provides a national bimonthly children's activities letter online, *FUNLETTER*. Other programs include *Affection Connection* certificate program for doctors and nurses, *Tri Delta Sorority Pen Friends*, a prayer network, and a guest book. Information is also available in Spanish.

### **National Children's Cancer Society (NCCS)**

1015 Locus, Suite 600

St. Louis, MO 63101

(314) 241-1600

(800) 532-6459

E-mail: [PFS@children-cancer.org](mailto:PFS@children-cancer.org)

Website: [www.children-cancer.org](http://www.children-cancer.org)

The NCCS provides financial assistance, advocacy, emotional support, and education to families who have children diagnosed with cancer.

NCCS also provides free educational materials and a newsletter.

### **Special Love, Inc.**

117 Youth Development Court

Winchester, VA 22602

(540) 667-3774

(888) 930-2707

E-mail: [dsmith@visualink.com](mailto:dsmith@visualink.com)

Website: [www.speciallove.org](http://www.speciallove.org)

Special Love, Inc., sponsors Camp Fantastic and 19 other events for

children with cancer and their families in the mid-Atlantic region.

Program eligibility varies by event but generally includes patients up to 25 years of age. Special Love also provides a free newsletter, *Love Letter*.

### **Starlight Children's Foundation**

5900 Wilshire Boulevard, Suite 2530

Los Angeles, CA 90036

(323) 634-0080

(800) 274-7827

Website: [www.starlight.org](http://www.starlight.org)

Starlight Children's Foundation is an international non-profit organization dedicated to improving the quality of life for seriously ill children and their families through a variety of in-hospital and outpatient programs and services.

### **Pediatric Oncology Resource Center**

E-mail: [feist@colorado.edu](mailto:feist@colorado.edu)

Website: [www.acor.org/ped-oncl](http://www.acor.org/ped-oncl)

The Pediatric Oncology Resource Center provides a Website by parents of children with cancer for parents of children with cancer.

This website offers patient-friendly resources as well as links to various support groups.

## CLINICAL TRIALS

### **Lymphoma Research Foundation (LRF)**

(310) 204-7040

(800) 500-9976

Website: [www.lymphoma.org](http://www.lymphoma.org)

E-mail: [helpline@lymphoma.org](mailto:helpline@lymphoma.org)

For assistance in finding clinical trials information for your type of lymphoma, please contact the Foundation or visit the website to conduct a trial search.

-See *Lymphoma Organizations* section for complete listing

**National Cancer Institute (NCI)  
Clinical Studies Support Center (CSSC)**

Building 31, Room 3A11  
Bethesda, MD 20892

(888) NCI-1937 (624-1937)

E-mail: [ncicssc@mail.nih.gov](mailto:ncicssc@mail.nih.gov)

Website: <http://ccr.nci.nih.gov>

The National Cancer Institute (NCI) Clinical Studies Support Center (CSSC) provides information about clinical studies taking place at the National Institutes of Health campus in Bethesda, Maryland. CSSC offers a toll-free telephone service by which an information specialist can help you in finding cancer clinical studies for you or someone you love. Numerous publications are available on-line at [www.cancer.gov](http://www.cancer.gov).

*Clinical Trial  
On-line Resources*

**National Institute of Health**  
[www.clinicaltrials.gov](http://www.clinicaltrials.gov)

The National Institute of Health website provides a searchable database of clinical trials, including those that are sponsored by the government, institutions and pharmaceutical and biotech companies.

**National Cancer Institute (NCI)**  
[www.cancer.gov/search/clinicaltrials](http://www.cancer.gov/search/clinicaltrials)

The National Cancer Institute (NCI) website provides a searchable database of clinical trials and educational literature about clinical trials.

**COMPLEMENTARY  
& ALTERNATIVE  
MEDICINE**

**National Center for Complementary  
and Alternative Medicine (NCCAM)**

P.O. Box 7923

Gaithersburg, MD 20898-7923

(888) 644-6226

E-mail: [info@nccam.nih.gov](mailto:info@nccam.nih.gov)

Website: [www.nccam.nih.gov](http://www.nccam.nih.gov)

The NCCAM identifies and evaluates unconventional health care practices, supports and conducts research, and disseminates information on their clinical usefulness, scientific validity and theoretical underpinnings. The NCCAM Clearinghouse offers several fact sheets, a newsletter, and literature searches with services available in English and Spanish.

*Complementary  
& Alternative Medicine  
On-line Resources*

**Cancer-Free Connections**  
[www.cancer-free.com](http://www.cancer-free.com)

The Cancer-Free Connections website, affiliated with City of Hope Medical Center, provides information and resources for alternative and complementary therapies, wellness centers and coping with the emotional impact of cancer.

**Commonweal Cancer Help  
Program (CCHP)**  
[www.commonweal.org](http://www.commonweal.org)

The goals of the CCHP are to reduce stress and to provide a nurturing environment in which people with cancer can explore choices in healing and in integrative cancer

care. Located near Bolina, CA, CCHP retreat activities include gentle yoga, a support group, progressive deep relaxation, meditation, imagery, massage, sand trays, poetry, and discussions of choices in integrative cancer therapies.

**Quackwatch**

[www.quackwatch.com](http://www.quackwatch.com)

Quackwatch, Inc., a member of Consumer Federation of America, is a nonprofit corporation whose purpose is to combat health-related frauds, myths, fads, and fallacies.

**EMOTIONAL SUPPORT**

Note: If you are seeking professional counseling, please speak to your health care provider or contact your health insurance company for a referral to a mental health professional in your geographic area.

*For a complete listing of support and networking groups, E-mail chat groups and Listservs, please see Support Groups section*

**Lymphoma Research Foundation (LRF)**

(310) 204-7040

(800) 500-9976

[www.lymphoma.org](http://www.lymphoma.org)

LRF has a one-to-one peer support program called the *Lymphoma Support Network*, a Helpline to provide information and referrals to community resources and it sponsors a support group in Los Angeles for lymphoma patients, their loved ones, and caregivers.

-See *Lymphoma Resources* section for a complete listing

## **Cancer Care, Inc.**

275 Seventh Avenue

New York, NY 10001

(212) 712-8080

(800) 813-HOPE (4673)

E-mail: [info@cancercare.org](mailto:info@cancercare.org)

Website: [www.cancercare.org](http://www.cancercare.org)

Cancer Care is a national social service agency founded to help people with cancer, their families, and friends cope with the impact of cancer. This organization is dedicated to providing psychological support to people with cancer and their families, and community education programs for the general public. Cancer Care provides the following services: support groups, educational teleconferences, professional education seminars and consultations, and financial assistance. Free publications are available upon request.

## **Cancer Hope Network**

2 North Road, Suite A

Chester, NJ 07930-2308

(908) 879-4039

(877) HOPE-NET (467-3638)

E-mail: [info@cancerhopenetwork.org](mailto:info@cancerhopenetwork.org)

Website: [www.cancerhopenetwork.org](http://www.cancerhopenetwork.org)

Cancer Hope Network provides free, one-on-one emotional support for recently diagnosed adult cancer patients and their families. Survivors of the same/similar cancer diagnosis and treatment re-install hope and help patients successfully cope with their cancer and its treatment. Publications are available upon request free of charge.

## **Gilda's Club Worldwide**

322 8th Avenue, Suite 1402

New York, NY 10001

(917) 305-1200

(888) GILDA-4-U (445-3248)

E-mail: [info@gildasclub.org](mailto:info@gildasclub.org)

Website: [www.gildasclub.org](http://www.gildasclub.org)

Gilda's Club is an international cancer support community where men, women and children with cancer and their families and friends join with others to build social and emotional support as a supplement to medical care in a non-residential home-like setting. The Gilda's Club program includes support groups, networking groups, lectures, workshops and social events. People with all kinds and stages of cancer are welcome in more than 14 locations worldwide.

## **The Leukemia & Lymphoma Society**

(800) 955-4572

Website: [www.leukemia-lymphoma.org](http://www.leukemia-lymphoma.org)

Leukemia & Lymphoma Society offers family support groups and the *First Connection* one-on-one peer support group program, which links newly diagnosed patients to talk to a lymphoma survivor by phone.

-See *Lymphoma Organizations* section for complete listing

## **National Association of Social Workers (NASW)**

750 First Street, NE

Suite 700

Washington, DC 20002-4241

Website: [www.socialworkers.org](http://www.socialworkers.org)

The *NASW Register of Clinical Social Workers*, Eleventh Edition, is available free for online searchers to find qualified clinical social workers. Users may search the Clinical Register by specialty, city, state, zip code, or name. The *NASW Register of Clinical Social Workers* provides a listing of clinical social workers that have met national standards for education and experience established by the NASW Competence Certification Commission.

## **Pregnant With Cancer**

(800) 743-6724, ext 308

Website: [www.pregnantwithcancer.org](http://www.pregnantwithcancer.org)

The Pregnant With Cancer Support Group works to connect pregnant women who have been diagnosed with cancer with those who have had a similar experience.

-See *Fertility* section for complete listing

## **RA Bloch Cancer Foundation, Inc.**

4400 Main

Kansas City, MO 64111

(816) WE-BUILD (932-8453)

(800) 433-0464

E-mail: [hotline@hrblock.com](mailto:hotline@hrblock.com)

Website: [www.blochcancer.org](http://www.blochcancer.org)

The Bloch Cancer Hotline matches cancer patients with a volunteer who has survived the same type of cancer. This institute also offers free information, resources, publications and support groups.

## **The Wellness Community**

National Headquarter

919 18th St. NW, Suite 54

Washington, DC 20006

(202) 659-9709

(888) 793-WELL (9355)

E-mail: [help@wellness-community.org](mailto:help@wellness-community.org)

Website: [www.thewellnesscommunity.org](http://www.thewellnesscommunity.org)

The Wellness Community provides free of charge, professionally-led support groups nationwide, as well as education, stress management and social networking for people with cancer and their loved ones in a home-like community setting with a focus on enhancing health and well-being. There are 22 facilities nationwide and two overseas. The Wellness Community also provides online support groups through their Website.

## Emotional Support On-line Resources

### **Cancer Survivors Online**

*www.cancersurvivors.org*

Cancer Survivors Online offers cancer information, resources, and support. It is designed for cancer patients, families, friends, and the professionals who treat them. It is created and maintained by cancer survivors willing to share their knowledge and experiences.

### **Chemo Angels**

*www.cbemoangels.com*

Chemo Angels is a volunteer group dedicated to adding a ray of sunshine to the lives of those undergoing treatment for cancer. Chemo Angels believe that people who are going through the physical, emotional and mental rigors of chemotherapy, radiation, surgery, or other cancer therapies deserve some pampering and special treatment!

## END-OF-LIFE ISSUES

### **Cancer Care, Inc.**

(800) 813-HOPE (4673)

*Website: www.cancercare.org*

Cancer Care offers counseling and a database of other resources related to end-of-life concerns.

*-See Emotional Support section for complete listing*

### **Candlelighters Childhood Cancer Foundation (CCCF)**

(800) 366-2223

*Website: www.candlelighters.org*

CCCF offers bereavement counseling.

*-See Childhood Cancer section for complete listing*

### **Hospice Education Network**

(800) 331-1620

*Website: www.hospiceworld.org*

This organization provides information on hospices and palliative care as well as bereavement support services.

*-See Home Health Care & Hospice section for complete listing*

### **Partnership for Caring: America's Voices for the Dying**

*National office:*

1620 Eye Street, NW

Suite 202

Washington DC 20006

*Program office:*

475 Riverside Drive

Suite 1852

New York, NY 10115

(202) 296-8071

(212) 870-2003

(800) 989-9455

*E-mail: pfc@partnershipforcaring.org*

*Website: www.partnershipforcaring.org*

Partnership for Caring provides a national hotline to respond to end-of-life crises, state-specific advance directive documents and other resources. They also distribute up-to-date information about specific state laws on such issues as refusing medical treatment, withdrawing life supports, honoring advance directives, managing pain, and others. Please contact the organization for specific costs of publications and videos.

### **Well Spouse Foundation**

(800) 838-0879

*Website: www.wellspouse.org*

The Well Spouse Foundation offers bereavement counseling.

*-See Caregivers & Loved Ones section for complete listing*

## End-of-Life On-line Resources

### **GriefNet**

P.O. Box 3272

Ann Arbor, MI 48106-3272

(734) 761-1960

*E-mail: griefnet@griefnet.org*

*Website: www.griefnet.org,*

*www.kidsaid.com*

GriefNet is an Internet community of persons dealing with grief, death, and major loss. There are 48 e-mail support groups and two websites. Their second website, *kidsaid.com*, is a safe place for kids to share and to help each other deal with grief about any of their losses.

### **GROWW (Grief Recovery Online)**

11877 Douglas Road, #102-PMB101

Alpharetta, GA 30005

*E-mail: staff@GROWW.org*

*Website: www.GROWW.org*

GROWW is an Internet based organization for anyone who has lost, or is losing, a loved one to death. GROWW provides various resources including helpful links, monitored message boards, and secure chat rooms.

## FERTILITY

### **California Cryobank, Inc.**

3228 Nebraska Avenue

Santa Monica, CA 90404

(310) 315-9402

(800) 400-3430

*E-mail: cordblood@cryobank.com*

*Website: www.cryobank.com*

California Cryobank's services include an umbilical cord blood stem cell bank, sperm bank, donor insemination programs, genetic counseling, consultation with a

donor matching counselor, and referrals to infertility specialists. The company serves clients throughout the United States and more than 30 other countries. Please call or visit the website for an information packet and costs. Information is also offered in Spanish.

### **Fertile Hope**

P.O. Box 624

New York, NY 10014

(917) 584-8581

(888) 994-HOPE (4673)

E-mail: [info@fertilehope.org](mailto:info@fertilehope.org)

Website: [www.fertilehope.org/home.html](http://www.fertilehope.org/home.html)

Fertile Hope is a national non-profit organization providing information, support and hope regarding cancer and fertility through programs of awareness, education, financial assistance, research and emotional support.

### **Pregnant With Cancer**

P.O. Box 1243

Buffalo, NY 14220

(800) 743-6724, ext 308

Website: [www.pregnantwithcancer.org](http://www.pregnantwithcancer.org)

The Pregnant With Cancer support group is a national organization that offers hope and support to women diagnosed with cancer while pregnant. Through a network of support, women involved in the group can match a new patient with someone who has gone through a similar experience.

### **RESOLVE**

1310 Broadway

Somerville, MA 02144

(617) 623-0744 (National Helpline)

E-mail: [info@resolve.org](mailto:info@resolve.org)

Website: [www.resolve.org](http://www.resolve.org)

RESOLVE provides education,

advocacy and support to those experiencing infertility. Services for members include a national quarterly newsletter, helpline, infertility support groups, physician referrals, member-to-member contact support network, publications and advocacy.

### **Spermbankdirectory.com**

[www.spermbankdirectory.com](http://www.spermbankdirectory.com)

Spermbankdirectory.com is a national directory of sperm cryobanks that also offers information on sperm banking.

## **FINANCIAL ASSISTANCE**

### **Lymphoma Research Foundation (LRF)**

(310) 204-7040

(800) 500-9976

E-mail: [helpline@lymphoma.org](mailto:helpline@lymphoma.org)

Website: [www.lymphoma.org](http://www.lymphoma.org)

LRF's Patient Aid Program provides a grant that reimburses lymphoma patients who need financial assistance up to \$500 each year for quality of life expenses not covered by insurance.

-See *Lymphoma Organizations* for complete listing

### **America Cancer Society**

(800) ACS-2345 (227-2345)

Website: [www.cancer.org](http://www.cancer.org)

Your local ACS office may offer reimbursement for expenses related to cancer treatment, including transportation, medicine and medical supplies.

-See *Cancer Organization section* for complete listing

### **The Bone Marrow Foundation**

(800) 365-1336

Website: [www.bonemarrow.org](http://www.bonemarrow.org)

The Bone Marrow Foundation's Patient Aid Program covers the cost of donor searches, compatibility testing, bone marrow procurement, medication, transportation, housing expenses and many other ancillary costs associated with a transplant. -See *Transplant Information & Support section* for complete listing

### **Candlelighters Childhood Cancer Foundation**

(800) 366-2223

Website: [www.candlelighters.org](http://www.candlelighters.org)

Emergency funding and transportation are among the services provided.

-See *Childhood Cancer section* for complete listing

### **Department of Social Services**

Check your local telephone listings for a contact number. Information for *Medicaid and the Public Assistance Program* are provided.

Medicaid provides health insurance for elderly, blind or disabled people with low incomes, and for children within certain family income guidelines.

Public assistance programs serve people in urgent or temporary need of food, housing, prescription drugs and other medical expenses. Cash assistance, housing and childcare vouchers, as well as food stamps, are available to eligible individuals and families.

**Department of Veteran Affairs**

(877) 222-VETS (8783)

Website: [www.va.gov/benefits.htm](http://www.va.gov/benefits.htm)

Eligible veterans and their dependents may receive cancer treatment at a Veterans Administration Medical Center.

**Hill-Burton Free Hospital Care**

*Division of Facilities Compliance and Recovery*

5600 Fishers Lane, Room 10C16

Rockville, MD 20857

(800) 638-0742

Website: [www.brsa.gov/osp/dfcr](http://www.brsa.gov/osp/dfcr)E-mail: [dfcrcomm@brsa.gov](mailto:dfcrcomm@brsa.gov)

The Division of Facilities Compliance and Recovery monitor's facilities nationwide that receive federal funds under the Hill-Burton Program for modernization/construction, and in return are required to provide a specific amount of free or reduced-cost health care to people who are unable to pay. This office provides information to the public on the location of these facilities and income eligibility criteria.

**The Leukemia & Lymphoma Society**

(800) 955-4572

Website: [www.leukemia-lymphoma.org](http://www.leukemia-lymphoma.org)

The Society's Patient Financial Aid program offers financial reimbursement for some medications, transportation and procedures for those in need.

-See *Lymphoma Organizations* section for complete listing

**National Foundation of Transplants (NFT)**

(800) 489-3863

Website: [www.transplants.org](http://www.transplants.org)

NFT assists patients, their families and friends in raising significant amounts of money for the patient's

transplant care when there is no public or private insurance that will cover all the costs.

-See *Transplant Information & Support* section for complete listing

**Pharmaceutical Research & Manufacturers of America (PhRMA)**

1100 15th Street NW

Washington, DC 20005

(800) 762-4636

Website: [www.phrma.org](http://www.phrma.org)

PhRMA publishes the *Directory of Prescription Drug Patient Assistance Programs* listing drug companies offering their prescription products free to physicians whose patients cannot afford them. Patients may call the pharmaceutical companies listed to obtain applications and information in order to speed the process for their physicians. Their website enables users to indicate particular interests, such as Medicare prescription drug coverage, cancer medicines in development, or news about cutting-edge biotechnology drugs. Web users may also receive e-mail updates of developments in their areas of interest.

**Social Security Administration (SSA)***Office of Publication Inquiries**Windsor Park Building*

6401 Security Boulevard

Baltimore, MD 21235-6401

(800) 772-1213

Website: [www.ssa.gov/SSA\\_Home.html](http://www.ssa.gov/SSA_Home.html)

SSA is a government agency that oversees the Social Security, Supplemental Security Income (SSI) and Medicare programs. Social Security provides a monthly income for eligible elderly and disabled individuals. SSI supplements Social Security payments for individuals

who have certain income and resource levels. Medicare is a Federal health insurance program for those who are 65 or older, people of any age with permanent kidney failure and disabled people under age 65 who have received Social Security payments for at least 24 months. Contact the SSA to get information on eligibility and coverage and to find out how to apply to any of these programs.

**HOME HEALTH CARE & HOSPICE****Children's Hospice International (CHI)**

901 North Pitt Street, Suite 230

Alexandria, VA 22314

(703) 684-0330

(800) 24-Child (242-4453)

E-mail: [chiorg@aol.com](mailto:chiorg@aol.com)Website: [www.chionline.org](http://www.chionline.org)

CHI is a non-profit organization that provides a network of support and care for children with life-threatening conditions and their families through the use of medical, psychological, social and spiritual expertise. CHI also offers a free comprehensive resource guide.

**Hospice Education Institute**

3 Unity Square

P.O. Box 98

Machiasport, ME 04655-0098

(207) 255-8800

(800) 331-1620

E-mail: [HospiceALL@aol.com](mailto:HospiceALL@aol.com)Website: [www.hospiceworld.org](http://www.hospiceworld.org)

Hospice Education Institute provides information on hospices and palliative care, bereavement support services and referral to local hospices and palliative care units.

## **National Hospice & Palliative Care Organization**

1700 Diagonal Road

Suite 625

Alexandria, VA 22314

(703) 837-1500

(800) 658-8898 (helpline)

E-mail: [info@nhpco.org](mailto:info@nhpco.org)

Website: [www.nhpco.org](http://www.nhpco.org)

NHPCO serves to broaden understanding of hospice through research and education. This organization provides referrals for people looking for hospice in their area, and distributes several free brochures on hospice and bereavement.

## **Visiting Nurse Association of America**

11 Beacon Street

Suite 910

Boston, MA 02108

(617) 523-4042

(888) 866-8773

E-mail: [vnaa@vnaa.org](mailto:vnaa@vnaa.org)

Website: [www.vnaa.org](http://www.vnaa.org)

A national toll-free referral line provides callers with information about the nearest Visiting Nurse Association in their area. The Association's services include general nursing, physical, occupational and speech therapy, medical and social services, case management, personal care, high-tech therapies, adult day care, parent aid, care for the dying, nutritional counseling, friendly visit services and *Meals on Wheels*.

## **HOUSING**

### **Hope Lodge**

American Cancer Society

(800) ACS-2345 (227-2345)

Website: [www.cancer.org](http://www.cancer.org)

Hope Lodge, sponsored through the

American Cancer Society, offers temporary free housing to patients and caregivers undergoing treatment away from home. This service is offered in many locations; please contact the American Cancer Society to locate a local Hope Lodge and learn more about this service. -See *General Cancer Resources* for complete listing

### **National Association of Hospital Hospitality Houses, Inc.**

P.O. Box 18087

Asheville, NC 28814-0087

(828) 253-1188

(800) 542-9730

E-mail: [helpinghomes@nabhb.org](mailto:helpinghomes@nabhb.org)

Website: [www.nabhb.org](http://www.nabhb.org)

The National Association of Hospital Hospitality Houses promotes and assists non-profit programs that provide lodging and supportive services for families receiving medical care away from home.

### **Ronald McDonald House Charities**

One Kroc Drive

Oak Brook, IL 60523

(630) 623-7048

(630) 623-7488 fax

Website: [www.rmbc.org](http://www.rmbc.org)

Ronald McDonald House Charities is a national network of temporary housing facilities for families of children hospitalized with life threatening illnesses. Many states and major cities have "Ronald McDonald Houses." Call or visit their website for locations, service information and eligibility.

## **LEGAL & INSURANCE-RELATED**

### **Cancer Legal Resource Center (CLRC)**

919 South Albany Street

Los Angeles, CA 90015-1211

(213) 736-1455

E-mail: [Barbara.schwerin@lls.edu](mailto:Barbara.schwerin@lls.edu)

Website:

[www.lls.edu/community/clrc.htm](http://www.lls.edu/community/clrc.htm)

The CLRC provides information and education on cancer-related issues to cancer survivors, their families, health professionals, and employers on a wide variety of cancer-related legal issues, such as cancer in the workplace, health insurance, government benefits and estate planning issues.

### **Center for Patient Advocacy/ Access to Cancer Care Alliance**

1350 Beverly Road, Suite 108

McLean, VA 22101

(703) 748-0400 (voice-mail)

(800) 846-7444 (patient hotline)

E-mail: [advocate@patientadvocacy.org](mailto:advocate@patientadvocacy.org)

Website: [www.patientadvocacy.org](http://www.patientadvocacy.org)

Through its Access to Cancer Care Alliance, the Center for Patient Advocacy provides information, referrals, a free quarterly newsletter, and advocacy tools for patients who have been denied access to care.

### **Job Accommodation Network (JAN)**

P.O. Box 6080

Morgantown, WV 26506-6080

(304) 293-7186 V/TTY

(800) 526-7234 V/TTY

E-mail: [jan@jan.icdi.wvu.edu](mailto:jan@jan.icdi.wvu.edu)

Website: [www.jan.wvu.edu](http://www.jan.wvu.edu)

JAN is a consultant service that provides callers with information and free publications about their rights and responsibilities based on the

Americans with Disabilities Act. JAN also provides on-the job and workplace accommodation ideas.

**Patient Advocate Foundation**

753 Thimble Shoals Boulevard  
Suite B

Newport News, VA 23606

(800) 532-5274

E-mail: [help@patientadvocate.org](mailto:help@patientadvocate.org)

Website: [www.patientadvocate.org](http://www.patientadvocate.org)

The Patient Advocate Foundation is a national non-profit organization that serves as an active liaison between the patient and their insurer, employer or creditors to resolve insurance, job discrimination or debt crisis matters related to their diagnosis through case managers, doctors and attorneys.

**NUTRITION**

**American Dietetic Association**

216 West Jackson Boulevard

Chicago, IL 60606-6995

(312) 899-0040

(800) 366-1655 (hotline)

Website: [www.eatright.org](http://www.eatright.org)

Call the Consumer Nutrition Information Hotline to listen to food and nutrition messages recorded by a registered dietitian (RD), or to receive a referral to a RD in your area for individual or group nutrition counseling services.

**American Institute for Cancer Research (AICR)**

1759 R Street, NW

Washington, D.C. 20009

(202) 328-7744

(800) 843-8114 (hotline)

E-mail: [aicrweb@aicr.org](mailto:aicrweb@aicr.org)

Website: [www.aicr.org](http://www.aicr.org)

The AICR hotline is a free service where registered dietitians provide answers about nutrition and health, especially those relating to diet and cancer. AICR also provides a newsletter and free nutrition publications.

**Center for Science in the Public Interest (CSPI)**

1875 Connecticut Avenue NW

Suite 300

Washington, DC 20009

(202) 332-9110

E-mail: [cspi@cspinet.org](mailto:cspi@cspinet.org)

Website: [www.cspinet.org](http://www.cspinet.org)

CSPI is a non-profit education and advocacy organization that publishes the monthly *Nutrition Action Healthletter*, which contains educational articles about health and nutrition.

**Meals On Wheels Association of America**

1414 Prince Street

Suite 302

Alexandria, VA 22314

Website: [www.mealsonwheelsassn.org](http://www.mealsonwheelsassn.org)

The Meals On Wheels Association of America represents those who provide congregate and home-delivered meal services to the elderly in need. To locate a *Meals On Wheels* program in your area, check your local telephone listings or go to the website listed above.

**Cancer Nutrition Center**

[www.cancernutrition.com](http://www.cancernutrition.com)

The *Nutrition Handbook* found on this site has useful information regarding cancer and nutrition, as well as tips on nutrition before, during, and after treatment.

**PAIN MANAGEMENT**

**American Chronic Pain Association**

P.O. Box 850

Rocklin, CA 95677

(916) 632-0922

(800) 533-3231

E-mail: [acpa@pacbell.net](mailto:acpa@pacbell.net)

Website: [www.theacpa.org](http://www.theacpa.org)

The American Chronic Pain Association teaches coping skills for people with chronic pain, provides peer support, and offers a variety of free publications.

**American Pain Foundation**

201 North Charles Street

Suite 710

Baltimore, MD 21201-4111

(410) 385-1832

(888) 615-PAIN (7246)

E-mail: [info@painfoundation.org](mailto:info@painfoundation.org)

Website: [www.painfoundation.org](http://www.painfoundation.org)

The American Pain Foundation is an advocacy group which provides practical information about the causes of pain, treatment options, coping with pain, and ways to find trained specialists and peer support.

**PHYSICIAN REFERRALS**

**Lymphoma Research Foundation (LRF)**

(800) 500-9976

Website: [www.lymphoma.org](http://www.lymphoma.org)

LRF's Lymphoma Helpline offers referrals to lymphoma specialists and pathologists nationwide. Tailored to the caller's request, a search is performed based on geographic location.

-See *Lymphoma Resource* section for complete listing

## **American Society of Clinical Oncology (ASCO)**

Website: [www.asco.org](http://www.asco.org),  
[www.oncology.com](http://www.oncology.com)

ASCO is a society of health care professionals dedicated to issues unique to clinical oncology.

Visitors to this website can search for oncologists based on their field of specialty, hospital affiliation and geographic area.

## **SIDE EFFECT & SYMPTOM-RELATED INFORMATION**

### **Lymphoma Research Foundation (LRF)**

(800) 500-9976

Website: [www.lymphoma.org](http://www.lymphoma.org)

For treatment and side effects information, please contact LRF's Lymphoma Helpline or visit the website above to view educational webcast presentations and download free publications.

-See *Lymphoma* section for complete listing

### **American Cancer Society Look Good...Feel Better**

(800) 395-LOOK (5665)

Websites:

[www.lookgoodfeelbetter.org/1.00.html](http://www.lookgoodfeelbetter.org/1.00.html)

[www.2beme.org](http://www.2beme.org) (For Teens)

*Look Good...Feel Better* is a free national public service program for women and teens teaching cancer patients hands-on cosmetic techniques to help them cope with appearance-related side effects of treatment. Call the toll free number to find a local chapter.

-See *Cancer* section for complete listing

### **Farrell Hair Replacement**

518 N. La Cienega Boulevard  
Los Angeles, CA 90048  
(877) 787-4247

E-mail: [information@farellhair.com](mailto:information@farellhair.com)

Website: [www.farellhair.com](http://www.farellhair.com)

Farrell Hair Replacement designs and creates custom non-surgical hair replacement systems for men, women, and children. They also offer a free video explaining their services.

### **National Comprehensive Cancer Network**

50 Huntingdon Pike  
Suite 200

Rockledge PA 19046

(888) 909-NCCN (6226)

E-mail: [patientinformation@nccn.org](mailto:patientinformation@nccn.org)

Website: [www.nccn.org](http://www.nccn.org)

The National Comprehensive Cancer Network provides *Patient Guidelines* on some cancer symptoms and treatment-related side effects.

### **National Lymphedema Network (NLN)**

Latham Square

1611 Telegraph Avenue

Suite 1111

Oakland, CA 94612-2138

(510) 208-3200

(800) 541-3259

E-mail: [nlm@lymphnet.org](mailto:nlm@lymphnet.org)

Website: [www.lymphnet.org](http://www.lymphnet.org)

NLN's provides information on lymphedema and its treatments, and referrals to treatment centers and support groups. A quarterly newsletter is also available to paid members. Lymphedema is an accumulation of lymphatic fluid causing swelling in the arm(s), leg(s) or other areas of the body.

### **Neuropathy Association, Inc.**

60 East 42nd Street, Suite 942  
New York, NY 10165-0999  
(212) 692-0662

(800) 247-6968

E-mail: [info@neuropathy.org](mailto:info@neuropathy.org)

Website: [www.neuropathy.org](http://www.neuropathy.org)

The Neuropathy Association is a patient-based organization established to help people who suffer from disorders that affect the peripheral nerves. This association provides referrals to support groups and physicians around the country and publishes a newsletter.

### **Tender Loving Care (TLC)**

#### **American Cancer Society**

304 Poplar Street

Hanover, PA 17333

(800) 850-9445 (24 hours everyday)

Website: [www.tlccatalog.org](http://www.tlccatalog.org)

"TLC," a part of the ACS Patient Support Programs, combines expert information with helpful products for women coping with cancer treatment-related hair loss. To request a free copy of the "TLC" catalog, you can call toll-free (800) 850-9445.

### **CancerFatigue.org**

[www.cancerfatigue.org](http://www.cancerfatigue.org)

This Oncology Nursing Society website provides information on causes of cancer fatigue and its treatments, and coping and managing techniques. Direct cancer fatigue questions can also be submitted to trained oncology nurses.

### **ChemoCare HeadWear**

[www.chemocareheadwear.com](http://www.chemocareheadwear.com)

ChemoCare HeadWear provides hats, turbans, sleep caps, undershirts swim caps and mouth care items for those dealing with hair loss due to chemotherapy, radiation, or burns.

**Food and Drug Administration (FDA)**

Website: [www.fda.gov](http://www.fda.gov)

The FDA offers a wealth of information regarding cancer therapies, the drug development process, and reporting adverse events. For information about their cancer specific services and programs, use the FDA website index and search under 'cancer.'

**Turban Plus**

Website: [www.turbanplus.com](http://www.turbanplus.com)

Turban Plus provides head wraps designed especially for women experiencing hair loss due to chemotherapy.

## SUPPORT & NETWORKING GROUPS, E-MAIL CHAT GROUPS/LISTSERVS

**Gilda's Club, Inc.**

(888) GILDA-4-U (445-3248)

Website: [www.gildasclub.org](http://www.gildasclub.org)

This website contains information and links to the Gilda's Clubs chapters which provide support groups and psychosocial services at many locations nationwide.

-See *Emotional Support* section for complete listing

**The Leukemia & Lymphoma Society**

(800) 955-4572

Website: [www.leukemia-lymphoma.org](http://www.leukemia-lymphoma.org)

This website has information on support groups sponsored by their chapters at many locations nationwide.

-See *Lymphoma Organizations* section for complete listing

**Lymphoma Research Foundation (LRF)**

(800) 500-9976

Website: [www.lymphoma.org](http://www.lymphoma.org)

LRF sponsors a support group in Los Angeles, assists people in finding a local support group and sponsors a nationwide peer support program.

-See *Lymphoma Organization* section for complete listing

**The Wellness Community**

(888) 793-WELL (9355)

Website: [www.thewellnesscommunity.org](http://www.thewellnesscommunity.org)

This website has contact information for the numerous locations nationwide offering support groups to people with cancer and their loved ones as well as on-line support groups.

-See *Emotional Support* section for complete listing

## Support & Networking Groups On-Line Resources

There are a variety of on-line discussion groups or listservs for patients and their families to exchange information, resources and support. Participants can send messages to a central mailing list and then other members can respond with their comments to everyone in the group. (Note: You are not obligated to provide your full name when registering for e-mail or listserv groups. The information that is exchanged is not monitored for accuracy by professionals.)

To participate in

**Web Magic Lymphoma****Message Boards**

(formerly LRF's Message Board)

for Hodgkin's Disease or non-Hodgkin's lymphoma, please visit

<http://www.lymphoma.com>. You can also access the message board through LRF's Website at <http://lymphoma.org/message.html>

**Hodgkin's Disease**

To subscribe, e-mail [listserv@solar.org](mailto:listserv@solar.org). Leave the subject line blank. The message should read "Subscribe Hodgkin's." For more information, or to read archives, please visit [www.hodgkinsdisease.org](http://www.hodgkinsdisease.org).

**Chronic Lymphocytic Leukemia (CLL)**

To subscribe, e-mail [listserv@listserv.acor.org](mailto:listserv@listserv.acor.org). The message should read "Subscribe CLL."

**Diffuse Large Cell Lymphoma**

To subscribe, e-mail [nbl-dlc-subscribe@yaboogroups.com](mailto:nbl-dlc-subscribe@yaboogroups.com). To post messages to the group, e-mail [nbl-dlc@yaboogroups.com](mailto:nbl-dlc@yaboogroups.com).

**Follicular Lymphoma**

To subscribe, e-mail [nbl-follic-subscribe@yaboogroups.com](mailto:nbl-follic-subscribe@yaboogroups.com). To post messages to the group, e-mail [nbl-follic@yaboogroups.com](mailto:nbl-follic@yaboogroups.com).

**Forum on Lymphoma**

For patients, family, educators and medical professionals interested in sharing information and/or support for those affected by lymphoma. To subscribe, send a message to [lymphoma-subscribe@yaboogroups.com](mailto:lymphoma-subscribe@yaboogroups.com). To post messages to the group, e-mail [lymphoma@yaboogroups.com](mailto:lymphoma@yaboogroups.com).

**Gastric Lymphoma**

To subscribe, e-mail [gastric\\_lymphoma-subscribe@yaboogroups.com](mailto:gastric_lymphoma-subscribe@yaboogroups.com). To post messages to the group, e-mail [gastric\\_lymphoma@yaboogroups.com](mailto:gastric_lymphoma@yaboogroups.com).

## **Mucosa-Associated Lymphoid Tissue (MALT)/Monocytoid Lymphoma**

To subscribe, e-mail [nbl-malt-subscribe@yahoogroups.com](mailto:nbl-malt-subscribe@yahoogroups.com). Leave the subject and message lines blank.

To post messages to the group, e-mail [nbl-malt@yahoogroups.com](mailto:nbl-malt@yahoogroups.com).

## **Mantle Cell Lymphoma**

To subscribe, e-mail [listserv@ucsd.edu](mailto:listserv@ucsd.edu). The message should read, "Add your e-mail mantlecell." For example, if LRF were to sign on, we would join by sending the message "add LRF@lymphoma.org mantlecell."

To post messages to the group, e-mail [mantlecell@ucsd.edu](mailto:mantlecell@ucsd.edu).

## **Mycosis Fungoides/Cutaneous T-Cell Lymphoma (CTCL)**

To subscribe, e-mail [listserv@listserv.acor.org](mailto:listserv@listserv.acor.org). The message should read "Subscribe CTCL-MF."

To post messages to the group, e-mail [ctcl-mf@listserv.acor.org](mailto:ctcl-mf@listserv.acor.org). Archives can be found at [listserv.acor.org/archives/ctcl-mf.html](http://listserv.acor.org/archives/ctcl-mf.html).

## **Non-Hodgkin's Lymphoma**

To subscribe, e-mail [nbl-subscribe@egroups.com](mailto:nbl-subscribe@egroups.com). To post messages to the group, e-mail [nbl@egroups.com](mailto:nbl@egroups.com).

## **Non-Hodgkin's Lymphoma - Low Grade**

Information posts only; it is not a chat group. To subscribe, e-mail [nbllow-subscribe@yahoogroups.com](mailto:nbllow-subscribe@yahoogroups.com). To post messages to the group, e-mail [nbllow@yahoogroups.com](mailto:nbllow@yahoogroups.com). For more information or to become a member, please visit [www.yahoogroups.com/group/nbllow/info.html](http://www.yahoogroups.com/group/nbllow/info.html).

## **Non-Hodgkin's Lymphoma - Other**

A discussion list for postings of alternative, complementary and conventional therapies.

To subscribe, e-mail [nbl-other-subscribe@yahoogroups.com](mailto:nbl-other-subscribe@yahoogroups.com).

Leave the message line blank.

To post messages to the group, e-mail [nbl-other@yahoogroups.com](mailto:nbl-other@yahoogroups.com).

## **Waldenstrom's Macroglobulinemia**

International Waldenstrom's Macroglobulinemia Foundation's (IWMF) WM Talklist~

to subscribe, send e-mail to: [Join-iwmf@iwmf.talklist.com](mailto:Join-iwmf@iwmf.talklist.com). Include your full name in the subject line and leave the message blank.

WSMG NET listserv~ to subscribe, e-mail [listserv@listserv.acor.org](mailto:listserv@listserv.acor.org).

Leave the subject line blank. The message should say "Subscribe WSMG NET your name." To post messages to the group, e-mail [usmg-net@listserv.acor.org](mailto:usmg-net@listserv.acor.org). You have the option to subscribe anonymously by typing "Subscribe WSMG NET anonymous." Please note that your e-mail address will appear on posted messages even if you subscribe anonymously.

## SURVIVORSHIP

### **Lance Armstrong Foundation**

P.O. Box 161150  
Austin, TX 78716-1150  
(512) 236-8820  
Website: [www.laf.org](http://www.laf.org)

The Lance Armstrong Foundation (LAF) seeks to promote the optimal physical, psychological, and social recovery and care of cancer survivors and their loved ones.

## **National Cancer Institute (NCI)**

(800) 4-CANCER  
Website: <http://www.cancer.gov/cancerinfo/life-after-treatment>

The NCI offers the *Facing Forward Series*, which are comprehensive free publications designed to educate and empower cancer survivors as they face the challenges associated with life after cancer treatment. -See *Cancer Resources* section for a complete listing

## **National Coalition for Cancer Survivorship (NCCS)**

(888) 650-9127  
Website: [www.canceradvocacy.org](http://www.canceradvocacy.org)  
NCCS is a network of groups and individuals promoting awareness of issues affecting cancer survivors and the development of support services for them. -See *Cancer Resources* section for a complete listing

## TRANSPLANT INFORMATION & SUPPORT

### **Blood & Marrow Transplant Information Network (BMT InfoNet)**

2900 Skokie Valley Road, Suite B  
Highland Park, IL 60035  
(847) 433-3313  
(888) 597-7674  
(847) 433-4599 fax

E-mail: [help@bmtinfonet.org](mailto:help@bmtinfonet.org)  
Website: [www.bmtinfonet.org](http://www.bmtinfonet.org)

BMT InfoNet provides a free quarterly newsletter and publishes books about bone marrow, blood stem cell and cord blood transplantation. BMT InfoNet also offers peer support through their *Patient-to-Survivor Link Program*, assistance with insurance problems, a directory

of transplant centers in the US and Canada, a *Resource Directory*, and assistance with individual transplant questions.

#### **The Bone Marrow Foundation**

337 E. 88th Street, Suite 1B  
New York, NY 10128  
(212) 838-3029  
(800) 365-1336  
E-mail: [TheBMF@bonemarrow.org](mailto:TheBMF@bonemarrow.org)  
Website: [www.bonemarrow.org](http://www.bonemarrow.org)

The BMF provides financial assistance and educational and emotional support to children and adult bone marrow or stem cell transplant patients and their families. The BMF also provides medical and educational handbooks for allogeneic and autologous transplantation and sponsors a post-transplant support group in New York City.

#### **The Children's Organ Transplant Association**

2501 COTA Drive  
Bloomington, IN 47403  
(812) 336-8872  
(800) 366-2682  
E-mail: [cota@cota.org](mailto:cota@cota.org)  
Website: [www.cota.org](http://www.cota.org)

The Children's Organ Transplant Association provides fundraising assistance to children (up to age 21) needing life-saving transplants and promotes organ, marrow and tissue donation.

#### **Cord Blood Registry**

1200 Bayhill Drive, Suite 301  
San Bruno, CA 94066  
(888) CORDBLOOD (267-3256)  
Website: [www.cordblood.com](http://www.cordblood.com)

This organization offers parents the opportunity to collect and bank their newborns' umbilical cord blood for potential future transplants.

#### **National Bone Marrow Transplant Link (nbmtLink)**

20411 West 12 Mile Road, Suite 108  
Southfield, MI 48076  
(248) 358-1886  
(800) LINK-BMT (546-5268)  
E-mail: [nbmtlink@aol.com](mailto:nbmtlink@aol.com)  
Website: [www.nbmtlink.org](http://www.nbmtlink.org)

The NbmtLink's services include a peer support program, informational referrals for patients, resources for health professionals and educational materials, such as a *BMT Resource Guide*, a *Survivor's Guide*, and a transplant video.

#### **National Foundation for Transplants (NFT)**

1102 Brookfield, Suite 200  
Memphis, TN 38119  
(901) 684-1697  
(800) 489-3863  
Website: [www.transplants.org](http://www.transplants.org)

NFT is a non-profit organization, which assists bone marrow and organ transplant patients in raising funds to pay for transplant-related expenses that are not covered by insurance. NFT provides training and consultation in fundraising and acts as an advocate on behalf of the patient and their families.

#### **National Marrow Donor Program (NMDP)**

3001 Broadway Street NE,  
Broadway Ridge Suite 500  
Minneapolis, MN 55413-1753  
(612) 627-5800  
(800) 627-7692 (Public Information)  
(888) 999-6743 (Office of Patient Advocacy)

E-mail: [questions@nmdp.org](mailto:questions@nmdp.org)  
Website: [www.marrows.org](http://www.marrows.org)

NMDP facilitates unrelated donor stem cell transplants for patients with life-threatening blood diseases

by recruiting donors, maintaining a registry of more than 4 million volunteer donors, and offering patient educational services. NMDP provides information on how to be listed as a potential donor and the Office of Patient Advocacy (OPA) will help patients work through the donor search and transplant process by providing information, referrals, support, and advocacy.

#### **National Transplant Assistance Fund (NTAF)**

3475 West Chester Pike, Suite 230  
Newtown Square, PA 19073  
(610) 353-9684  
(800) 642-8399  
(610) 353-1616 fax  
E-mail: [NTAF@transplantfund.org](mailto:NTAF@transplantfund.org)  
Website: [www.transplantfund.org](http://www.transplantfund.org)

NTAF is a non-profit organization dedicated to providing fundraising assistance to families incurring financial challenges due to an organ/tissue transplant and to promoting organ donor awareness. NTAF also provides a newsletter, *New Start News*.

## **TRANSPORTATION**

For local driving transportation resources, check your local telephone listings for services such as *Dial-A-Ride*, *Access Transportation*, and your local government "Area Agency on Aging."

#### **AirLifeLine**

5775 Wayzata Boulevard, Suite 700  
Minneapolis, MN 55416  
(877) AirLife, (800) 446-1231  
(Flight Operations Center)

(877) 727-7728

(National Headquarters)

E-mail: [staff@airlifeline.org](mailto:staff@airlifeline.org)

Website: [www.airlifeline.org](http://www.airlifeline.org)

AirLifeLine is a free air transportation service to and from treatment centers for financially in-need patients. Volunteer pilots donate their time, aircraft and fuel. Distance traveled is considered on a case-by-case basis. AirLifeLine provides a *Pilot and Patient Newsletter*.

### **American Cancer Society's (ACS)**

#### **Road to Recovery**

800-ACS-2345

Website: [www.cancer.org](http://www.cancer.org)

*Road to Recovery* is an ACS service program which provides transportation for cancer patients to their treatments and home again.

Transportation is provided according to the needs and available resources in the community. Contact your local chapter for more information.

-See *Cancer Organizations* section for complete listing.

### **Corporate Angel Network, Inc.**

Westchester County Airport

One Loop Road

White Plains, NY 10604

(914) 328-1313

(866) 328-1313

E-mail: [info@corpangelnetwork.org](mailto:info@corpangelnetwork.org)

Website: [www.corpangelnetwork.org](http://www.corpangelnetwork.org)

The Corporate Angel Network arranges free air transportation for cancer patients going to and from approved treatment centers, utilizing empty seats aboard corporate aircraft traveling on business. Patients must be ambulatory and not require any life support equipment.

### **National Patient Travel Helpline**

4620 Haygood Road

Suite 1

Virginia Beach, VA 23455

(800) 296-1217

E-mail: [mercymedical@erols.com](mailto:mercymedical@erols.com)

Website: [www.patienttravel.org](http://www.patienttravel.org)

The National Patient Travel Center, part of Mercy Medical Airlift, keeps track of all charitable, charitably assisted and discount air transportation programs available for patients and their families traveling to and from distant treatment facilities. It is a 24-hour, seven-days-a-week helpline for people seeking a referral to the Angel Flight America Charitable Transportation Network, which assists over 25,000 people annually at no cost.

## **WISH-GRANTING FOUNDATIONS**

### **Children's Hopes & Dreams**

#### **-Wish Fulfillment Foundation**

280 Route 46

Dover, NJ 07801

(973) 361-7366

Website: [www.childrenswishes.org](http://www.childrenswishes.org)

E-mail: [cbfdover@juno.com](mailto:cbfdover@juno.com)

Children's Hopes & Dreams offers 3 programs:

- 1) Dream fulfillment to children ages 4-17 with life threatening illnesses.
- 2) Pen Pals for children with a chronic or life threatening illness, condition, disability or "crisis" situation.
- 3) *Kid's Kare Packages* that are sent to health care professionals upon request. The foundation also provides a newsletter, including stories about dreams fulfilled.

### **The Dream Foundation**

621 Chapala Street, Suite D

Santa Barbara, CA 93101

(805) 564-2131

E-mail: [Linda@dreamfoundation.org](mailto:Linda@dreamfoundation.org)

Website: [www.dreamfoundation.org](http://www.dreamfoundation.org)

The Dream Foundation grants wishes to terminally ill people who are in the last 12 months of their lives and are between the ages of 18 and 65 years. The Dream Foundation also offers a quarterly newsletter.

### **Make-A-Wish Foundation® of America**

3550 North Central Avenue

Suite 300

Phoenix, AZ 85012

(602) 279-9474

(800) 722-9474

E-mail: [jcruz@wish.org](mailto:jcruz@wish.org)

Website: [www.wish.org](http://www.wish.org)

The Make-A-Wish Foundation® is dedicated to granting heartfelt wishes to eligible children with life-threatening illnesses in every U.S. community and on five continents in an effort to enrich the human experience with hope, strength, and joy. The foundation also provides various brochures, a newsletter, Spanish materials, *Kids for Wish Kids*® materials, and more.

### **Sunshine Foundation**

1041 Mill Creek Drive

Feasterville, PA 19053

(215) 396-4770

(800) 767-1976

E-mail: [philly@sunshinefoundation.org](mailto:philly@sunshinefoundation.org)

Website: [www.sunshinefoundation.org](http://www.sunshinefoundation.org)

The Sunshine Foundation, founded in 1976, has answered the dreams of over 28,000 seriously ill, physically challenged and abused children, ages 3-21. ●

## 〔Chapter Two〕

# Publications

## PUBLICATIONS

### Lymphoma Today

*Lymphoma Research Foundation*  
(800) 500-9976

Website: [www.lymphoma.org](http://www.lymphoma.org)

This free quarterly newsletter is a valuable source of information about lymphoma and the psychosocial issues related to living with lymphoma for patients, their loved ones and health care professionals.

*Lymphoma Today* features articles on promising research, clinical trials, medical issues, educational events, lymphoma resources and much more.

-See *Lymphoma Resource* section for complete listing.

### Coping With Cancer

P.O. Box 682268  
Franklin, TN 37068-2268  
(615) 790-2400

E-mail: [copingmag@aol.com](mailto:copingmag@aol.com)

Website: [www.copingmag.com](http://www.copingmag.com)

This magazine provides knowledge, hope and inspirational articles written by cancer survivors and health care professionals. Annual subscription is approximately \$19.

### CURE: Cancer Updates, Research & Education

*Cancer Information Group, LP*  
*Sammons Cancer Center*  
3535 Worth Street  
Suite 4802

Dallas, Texas 75246

(214) 820-4754

(214) 820-8844 fax

E-mail: [editor@curetoday.com](mailto:editor@curetoday.com)

Website:

<http://www.curetoday.com/index.html>

CURE is a magazine developed for individuals coping with cancer and blood disorders. CURE provides

scientific information in an easy-to-understand format. It is published by physicians committed to providing quality care to their patients.

Two free issues available for patients.

### InTouch: The Good Health Guide to Cancer Prevention and Treatment

*PRR, Inc.*

*Subscription Department*

48 South Service Road

Suite 310

Melville, NY 11747

(877) 246-8682

E-mail: [info@intouchlive.com](mailto:info@intouchlive.com)

Website: [www.intouchlive.com](http://www.intouchlive.com)

This magazine keeps readers in touch with the most up-to-date, authoritative information on cancer prevention and treatment guidelines, and provides information on coping, nutrition and other patient support issues. Annual subscription is approximately \$19. Back issues available for on-line viewing.

## BOOKS

The following is a partial list of books related to living with lymphoma. For additional information and to purchase any of these books, please visit LRF's Website bookstore at [www.lymphoma.org](http://www.lymphoma.org).

### The Activist Cancer Patient: How to Take Charge of Your Treatment

By Beverly Zakarian and  
Ezra M. Greenspan, M.D.

This book offers a unique perspective for the patient on how to be interactive in his /her own treatments and learning to be assertive with caregivers and receive the most from treatments.

### After Cancer: A Guide to Your New Life

By Wendy S. Harpham, M.D.

Lymphoma survivor Dr. Wendy Harpham addresses issues facing cancer patients as they learn to move forward and find a "new normal" after cancer treatment.

### Autologous Stem Cell Transplants: A Handbook for Patients

By Susan K. Stewart

A complete resource for use before, during and after a transplant, *Autologous Stem Cell Transplants* combines medical and pharmaceutical information with the stories of people who have gone through the experience.

### Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients

By Susan K. Stewart with Jan Sugar

This new 228-page book updates information in the original handbook, *Bone Marrow Transplants: A Book of Basics for Patients*, and presents information on new topics.

### Be Prepared

By David Landay

*Be Prepared* provides a financial, legal, and practical guide for living with a life-challenging condition.

### Beyond Chaos: One Man's Journey Alongside His Chronically Ill Wife

By Gregg Piburn

Author Gregg Piburn shares his story of how his wife's fibromyalgia changed not only her life, but their relationship and his life as well. He discusses how he worked through the frustration, anger and guilt to re-examine his priorities and expectations.

**The C-Word: Teenagers & Their Families Living with Cancer**

By *Elena Dorfman*

This book tells the story of teenagers living with cancer.

**Cancer S.O.S. (Strategies of Survival): A Guidebook for Women With Cancer**

By *Rose Welsh & Shirley Grandahl*

This is a guidebook written by women who have battled cancer. It includes worksheets at the end of each chapter to assist individuals through each step of the cancer survival process, as well as resource guides and a glossary of general medical terms.

**Cancer Survival Cookbook**

By *Donna Weiboten, RD, MS & Christina Marino, M.D.*

This cookbook for cancer patients provides 200 nourishing and easy to make recipes. Details are provided on how to alter the recipes to meet individual health needs. Information is also provided on ways to overcome nausea, appetite loss, and upset stomach.

**Cancer Talk**

By *Selma R. Schimmel*

& *Barry Fox, Ph.D. (Contributor)*

Selma Schimmel, a breast cancer survivor, found a way to help tens of thousands of people when she created “The Group Room®,” a nationwide call-in cancer support group. *Cancer Talk* brings together the personal stories of the show’s diverse range of callers, who recount the many ways cancer has changed their lives.

**Chicken Soup for the Surviving Soul: 101 Stories of Courage & Inspiration from Those Who Have Survived Cancer**

By *Jack Canfield*

Another title in the inspirational *Chicken Soup for the Soul* series, this book offers moving stories of people who are beating cancer and finding renewed meaning in their lives.

**Dancing at the Edge of Life**

By *Gale Warner*

This is the memoir of Gale Warner’s journey through her battle with non-hodgkin’s Lymphoma and her unfortunate passing.

**Diagnosis Cancer: Your Guide Through the First Few Months**

By *Wendy S. Harpham, M.D.*

Another title by lymphoma survivor Dr. Harpham, this book answers such questions as “What is my prognosis? What is staging? Will I definitely lose my hair? Will I have pain?” and more.

**Everyone’s Guide to Cancer Therapy, Revised Third Edition**

By *Malin Dollinger, M.D., Ernest Rosenbaum, M.D. & Greg Cable*

*Everyone’s Guide to Cancer Therapy* is an easy-to-read guide to dealing with cancer for the layperson. It covers such important areas as: *Diagnosis; What causes cancer; Treatment; and Teaching patients how to live with cancer.*

**From Victim to Victor**

By *Harold Benjamin, Ph.D.*

A guide developed by The Wellness Community on fighting for recovery from cancer for patients and their family. This book describes in detail the methods used by The Wellness

Community participants for coping with the emotional issues that often accompany the disease.

**God Said, “Ha!”**

By *Julia Sweeney*

Comedian Julia Sweeney writes of her memoirs of family tragedy and her personal recovery from cancer.

**Illness & Healing: Images of Cancer**

By *Robert Pope*

*Illness & Healing* reconstructs the recovery process of Robert Pope through words and reproductions of works of art.

**Informed Decisions: The Complete Book of Cancer Diagnosis, Treatment & Recovery**

By *Gerald P. Murphy, M.D., & Lois B. Morris (Contributor)*

This book provides a complete consumer reference for cancer diagnosis, treatment and recovery. From assessing different therapy options and coping with stress and depression, this provides an all-around survey of cancer’s special decision-making requirements.

**The Jester Has Lost His Jingle**

By *David Saltzman & Maurice Sendak*

Before the author lost his battle with lymphoma, David Saltzman wrote this charming children’s book to demonstrate how laughter can redeem a weary world and provide the best tonic for anyone facing severe obstacles.

**Kitchen Table Wisdom:****Stories That Heal**

By Rachel Naomi Remen, M.D.

Dr. Remen is a physician, professor of medicine, therapist and long-term survivor of chronic illness. She puts together a collection of true stories addressing spiritual issues such as suffering, meaning, love, faith and miracles.

**Live Longer, Live Larger:****A Holistic Approach for Cancer Patients and Families**

By Drs. Bill and Susie Buchholz

This is a handbook for people who want a supportive companion in their response to cancer or other serious illness based on the experiences of other cancer patients and their family. Provided are stories, exercises and tools for coping.

**Living in the Lightning:****A Cancer Journal**

By Natalie Robins

Lymphoma survivor Natalie Robins writes frankly, with grace and realism, of her personal journey of learning to live with cancer.

**The Wellness Community Guide to Fighting for Recovery from Cancer (Revised)**

By Harold Benjamin, Ph.D.

& Susan Love, M.D.

This guide is an inspirational source of guidance, information, and hope for patients who want to take an active role in battling cancer. The authors share practical advice on such topics as stress reduction, exercise, nutrition, enhancing the immune system, and psychological and social support.

**When a Parent Has Cancer:****A Guide to Caring for Your Children**

By Wendy S. Harpham, M.D.

A parent's cancer is a family crisis. Harpham provides practical advice on caring for children of all ages during diagnosis and treatment and helpful insights for helping them cope with grief, loss, uncertainty, and fear of death. There is a separate children's book included, called *Becky and the Worry Cup*.

**When Life Becomes Precious:****A Guide for Loved Ones and Friends of Cancer Patients**

By Elise NeeDell Babcock

Included in this book are specific tips for cultivating a support network, avoiding caregiver burnout, managing fear and anger (in both yourself and the cancer patient), finding the best doctors and other health care professionals to plan treatment, preparing for hospital visits, and, for the patient, dealing with cancer when at the workplace.

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*The following four titles are part of a collection of Patient-Centered Guides published by O'Reilly & Associates, Inc. For more information, contact (800) 998-9938*

**Cancer Clinical Trials: Experimental Treatments & How They Can Help You**

By Robert Finn

*Cancer Clinical Trials* is aimed at helping you consider the range of treatment options available through clinical trials—treatments that may not be available any other way.

**Non-Hodgkin's Lymphomas: Making Sense of Diagnosis, Treatments & Options**

By Lorraine Johnston

In straightforward language, this book addresses diagnosis and its emotional tumult, finding a good oncologist, the theories and practical aspects of treatment, characteristics of NHL, side effects and long-term effects of treatment, and prognosis.

**Working with Your Doctor:****Getting the Healthcare You Deserve**

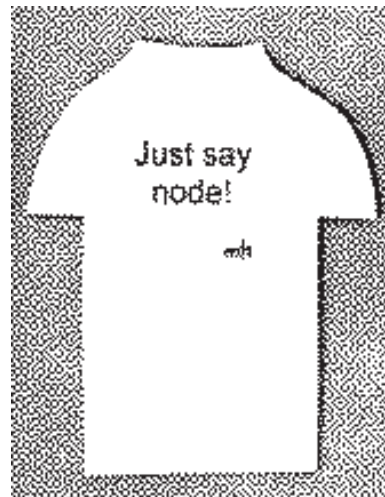
By Nancy Keene

*Working with Your Doctor: Getting the Healthcare You Deserve* will help patients be their own advocate, to get the very best in health care, and to have the best possible relationship with doctors. It will explain how to become an assertive, but understanding, medical care consumer.

**Your Child in the Hospital:****A Practical Guide for Parents 2nd Edition**

By Nancy Keene & Rachel Prentice

*Your Child in the Hospital* is a practical book of tips and wisdom from veteran parents that will help make any hospital stay easier. ●



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Chapter Three

Audiotapes  
& Videotapes

## AUDIOTAPES

### LRF's Annual Educational Forum on Lymphoma

To order audiotapes of past presentations from the Lymphoma Research Foundation's annual conference for patients and families, contact Network Communications at (800) 747-1426 or [nettapes@cs.com](mailto:nettapes@cs.com) or visit [www.swiftsite.com/nettapes](http://www.swiftsite.com/nettapes).

### Cancer Survival Toolbox

(Available in English & Spanish)

This free set of six audio programs teaches people with cancer skills to meet the challenges of their illness. To order, call (877) TOOLS4U (866-5748) or visit <http://www.canceradvocacy.org/pro.grams/toolbox.html>

### Relaxation and Imagery for the Person with Cancer

Audiotapes by Lynn Brallier, Ph.D., on imagery and healing. Audiotapes are available for approximately \$15. To order, please call (888) 553-4010 or visit [www.healthhelpers.com](http://www.healthhelpers.com)

### Tapes for Healing

Relaxation and meditation audiotapes are available for \$12 and CD's for \$15. To order, call (610) 917-8299 or visit [www.tapesforhealing.com](http://www.tapesforhealing.com)

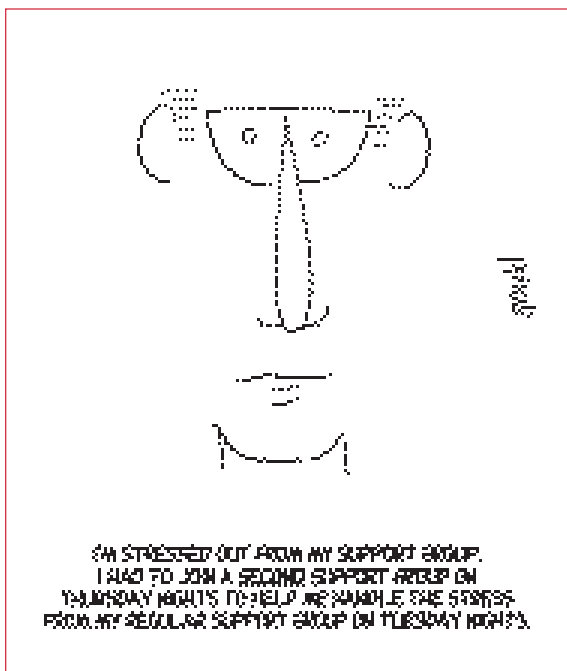
## VIDEOTAPES

### You've Just Been Told You Have Cancer: Taking Charge After a Diagnosis of Cancer

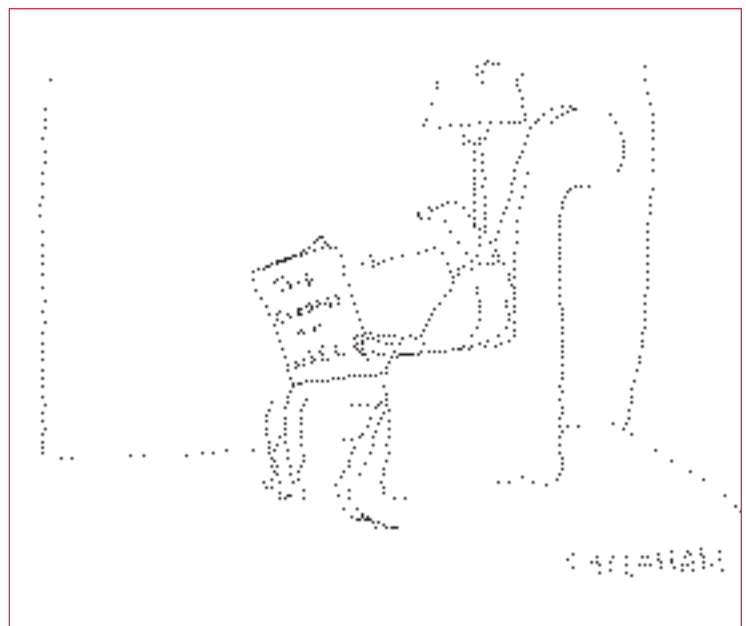
Included is a video, personal journal and cancer resources guide. Approximately \$25. To order, please contact Life CareConcepts at (800) 401-2233 or visit their Website at [www.cancerresources.com](http://www.cancerresources.com)

### The New Normal: Life After Bone Marrow or Stem Cell Transplant

Compelling stories of six transplant survivors. This is an Emmy award winning videotape produced by the NBMTLink organization in 2002. One free copy is available to individuals. Contact *nbmtLINK* at (800) 546-5268 or [www.nbmtlink.org](http://www.nbmtlink.org).



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# Progress in Lymphoma Treatments and Supportive Care

*During the last decade, exciting advancements have been made in the treatment of lymphoma and supportive care. Among them are a number of drugs that have been approved by the United States Food and Drug Administration (FDA), drugs currently under FDA review, and others being studied which appear to hold great promise. This section of the guide includes easy to understand summaries which the institution or company responsible for developing or marketing the drug has provided to LRF. Every attempt has been made to provide an accurate and comprehensive listing, however, it is inevitable that there will be changes in the future and other lymphoma therapies will be developed that are not included here. Please inform LRF if you are aware of additional therapies that should be added to this list.*

## **Aranesp™ (darbepoetin alfa)**

In 2001, the FDA approved Aranesp™ for the treatment of anemia in patients with chronic renal failure (CRF), including patients on dialysis and patients not on dialysis. Aranesp is currently being considered for marketing approval by the FDA for the treatment of anemia in patients with cancer. Aranesp is more potent than other treatments for anemia, which allows for the flexibility of less frequent administration (i.e., few injections). In clinical studies, Aranesp administered every 1, 2, or 3 weeks decreased blood transfusion require-

ments and increased red blood cell levels in anemic patients with cancer receiving or not receiving chemotherapy. For information, contact Amgen: (800) 77-AMGEN; [www.amgen.com](http://www.amgen.com)

## **Bexxar™ (Tositumomab)**

A monoclonal antibody conjugated to the radioisotope iodine 131, Bexxar™ is currently being considered for marketing approval by the FDA for the treatment of relapsed or refractory low-grade or transformed low-grade B cell NHL. Bexxar attaches to a protein found only on the surface of B cells, including both NHL B cells and some normal B-cells. It is believed to work through a dual mechanism of action resulting from the immune system activity of the monoclonal antibody and the therapeutic effects of the iodine (I-131) radioisotope. For information, contact Corixa Corporation: (800) 823-7003

## **BCX-1777**

Biocryst Pharmaceuticals, Inc. is currently conducting a Phase I/II clinical study in relapsed or refractory T-cell malignancies including people diagnosed with lymphoma. BCX-1777 is classified as a purine nucleoside phosphorylase (PNP) inhibitor. This drug has been proven in animal studies to be therapeutic in the inhibition of the proliferation of T cells. The patient will receive BCX-1777 intravenously during a 5-day inpatient course.

On day one, the patient will receive the study drug over 30 minutes. On days 2-5, the study drug will be administered over 30 minutes every 12 hours for a total of 9 doses. The patients who have responded or have stable disease may receive an additional course of therapy. This study is being conducted at MD Anderson Cancer Center in Houston, TX. For information, contact Biocryst Pharmaceuticals, Inc.: (205) 444-4600; [www.biocryst.com](http://www.biocryst.com)

## **Beta LT™ (Beta Alethine)**

The unique feature of Beta LT™ is that it works via immune stimulation. Data to date include: 1) Dr. Carol Pontzer reported in the *International Journal of Immunopharmacology* that Beta LT, when incubated with human PBMCs, increased their ability to kill human leukemia cells by a factor of 14 fold. 2) Scientific meeting reports given in 2000 by Wilson Miller, Ph.D., M.D., Principle Investigator of Clinical Trials at McGill University/Jewish General Hospital, indicated that single agent therapy with Beta LT was associated with reduction in heavily pre-treated late stage, low-grade lymphoma in patients with functioning immune systems. The trial supported the mechanism of action of the drug, demonstrated biological activity of low doses in patients, defined a patient population especially suitable for treatment, and most importantly, he reported that

the trial provided evidence of anti-cancer activity and increased immune response without toxicity. It is significant that patients showed an increase in immune functioning as measured by delayed-type hypersensitivity and flow cytometry and have no adverse symptoms. 3) In 2001, other sites in the U.S. and Canada have also seen patients with over 50% decreases in cancer. For information, contact LifeTime Pharmaceuticals, Inc.: [www.LTpharma.com](http://www.LTpharma.com)

**BL22**

BL22 is an immunotoxin containing an anti-CD22 variable domain (Fv- the recognition site of an antibody) fused to a fragment of Pseudomonas exotoxin. This tumor-targeted therapy specifically kills CD-22 positive chronic lymphocytic leukemia (CLL) and lymphoma cells into which it is internalized without damaging the bone marrow stem cells. It is well tolerated and given every other day for 3 doses every 6 weeks. It has led to a 72% Complete Response rate in chemotherapy-resistant Hairy Cell Leukemia and is now being tested in CLL and non-Hodgkin's lymphomas that express CD-22. For information, contact the National Cancer Institute: (800) 624-1937.

**DepoCyt®**

**(cytarabine liposome injection)**

DepoCyt® is a unique, sustained-release formulation of the chemotherapeutic agent cytarabine. It is the only treatment currently approved by the U.S. FDA for the treatment of lymphomatous meningitis, a serious, disabling complication of lymphoma. The symptoms

of lymphomatous meningitis are often not recognized and as a result, go untreated. This is unfortunate, as research has shown that with early diagnosis and intervention, patients with lymphomatous meningitis can experience improved quality of life and substantial relief from the disease's neurological impairments. DepoCyt was FDA-approved in April 1999. It offers patients a treatment schedule involving fewer doctor visits, fewer injections and greater efficacy than standard cytarabine therapy. For information, contact Chiron Corporation: [www.chiron.com](http://www.chiron.com)

**Epratuzumab**

**(anti-CD22 monoclonal antibody)**

Epratuzumab is in clinical studies for the treatment of low-grade, follicular non-Hodgkin's lymphoma (NHL) and for diffuse large cell NHL. Epratuzumab is a non-radioactive monoclonal antibody that attaches to certain proteins (CD22) on lymphoma cells, and by doing this seems to help the body's immune system to identify the cancerous cells and to destroy them. Epratuzumab is currently being studied for safety and efficacy as a single agent and as part of a combination therapy with other antibodies and/or chemotherapy. For information, contact Amgen: (800) 772-6436; [www.amgen.com](http://www.amgen.com)

**Fav-Id™ (Id-KLH)**

Fav-Id™ is a combination of a tumor-specific protein (Id), derived from a biopsy of a patient's follicular lymphoma, and a second protein called Keyhole Limpet Hemocyanin (KLH). Fav-Id is designed to activate the immune system to

recognize and destroy lymphoma. It is injected under the skin once a month in combination with a commercially available drug known as GM-CSF to enhance the immune response. Fav-Id is currently being studied in patients with Grade 1 or 2 follicular lymphoma who have been treated in the past with chemotherapy and/or Rituxan and now require treatment again. For information, contact Faville, Inc.: (858) 450-5945 ext. 32; [www.faville.com](http://www.faville.com).

**Fludara® & Campath® (Fludarabine Phosphate & Alemtuzumab)**

In 1991, Fludara® was approved for refractory chronic lymphocytic leukemia (CLL), a disease with similarities to follicular small-cell lymphoma. Fludara has demonstrated high efficacy as both monotherapy and as the cornerstone of combination therapies in NHL. These combination therapies have yielded both high rates of response and duration of response when used in low grade NHL. Additionally, it is studied and successfully used as a conditioning regimen in bone marrow transplants. Berlex Laboratories, marketer of Fludara, also markets Campath® (Alemtuzumab) which was approved June 1, 2001. Campath is indicated for patients with fludarabine-refractory B-cell CLL and is being investigated as a treatment for low-grade lymphomas. For information, contact: (888)-BERLEX (800-237-5394); [www.berlex.com](http://www.berlex.com)

**Ganite® (Gallium Nitrate Injection)**

Gallium nitrate is a compound that is licensed by the U.S. FDA under the name Ganite®, for use in

patients with elevated calcium levels in the blood due to cancer. This drug has also undergone preliminary studies in patients with many types of cancer, including non-Hodgkin's lymphoma (NHL), and has demonstrated anticancer activity. Gallium nitrate, unlike most other chemotherapy drugs, does not tend to lower blood counts. Therefore, gallium nitrate might be a useful treatment for patients with NHL who have low blood counts prior to treatment. Gallium nitrate will be used in a new clinical trial involving patients who have failed standard therapy and who demonstrate low blood counts. For information, contact Genta Inc.: (908) 286-9800; [clinicaltrials@genta.com](mailto:clinicaltrials@genta.com).

**Gemzar® (gemcitabine)**

Gemzar® was approved in 1997 for the treatment of pancreatic cancer. It was later approved for use in combination with cisplatin in the treatment of non-small cell lung cancer. Gemzar is compendia listed for the following cancers: bladder, breast, Hodgkin's lymphoma, non-Hodgkin's lymphoma, ovary, pancreas, and lung (non-small cell). Gemzar works by imitating a building block of DNA. Gemzar becomes incorporated into the growing chain of DNA and stops the chain from being completed, which can cause the cell to die. Gemzar is given through a vein, typically over 30 to 60 minutes. For information, contact Eli Lilly and Company: (800) LILLYRX; [www.gemzar.com](http://www.gemzar.com)

**Genasense™ (oblimersen sodium)**

Bcl-2 is a protein that appears to protect cancer cells from being

killed by anticancer therapy, and thus lengthens the life of the cancer cells. Genasense™ is a drug that is engineered to block production of Bcl-2. By reducing Bcl-2 levels in cancer cells, it is possible that Genasense may be effective as a cancer treatment. Preliminary studies have reported anticancer activity of Genasense when used alone as well as potentiating the cancer-killing activity of almost all types of standard anticancer therapy including chemotherapy, radiation and immunotherapy. Genasense will be used in a clinical trial involving patients with newly diagnosed, relapsed or refractory mantle cell lymphoma both alone and in combination with a standard therapy. For information, contact Genta Inc.: (908) 286-9800; [clinicaltrials@genta.com](mailto:clinicaltrials@genta.com)

**Intron® A**

**(Interferon alfa-2b recombinant)**

Intron® A received approval from the FDA in 1997 for use in conjunction with chemotherapy in patients with follicular NHL. Intron A is a type of interferon, a natural protein component of your immune system, which may aid in the treatment of cancer by directly attacking the cancer cells, or by assisting the body's immune system to help fight off cancer cells. For information, call Schering Oncology: (800) 526-4099

**LMB2**

LMB2 is an immunotoxin containing an anti-CD25 variable domain (Fv-the recognition site of an antibody) fused to a fragment of Pseudomonas exotoxin. This tumor-targeted therapy specifically kills CD-25 positive cutaneous

T-cell lymphoma (CTCL) and other lymphoma cells into which it is internalized without damaging the bone marrow stem cells. It is well tolerated and given every other day for 3 doses every 4 to 6 weeks. It has led to responses in patients with CTCL, CLL, HD, and NHL. The NCI is now seeking to enroll more patients with CTCL. They anticipate starting a Phase II trial for patients with CTCL. For information, contact the National Cancer Institute: (800) 624-1937; <http://cancer.gov>

**LymphoCide™ Y-90**

**(y-90 epratuzumab)**

Radiolabeled LymphoCide™ is a humanized monoclonal antibody that targets CD22 receptors in B-cell lymphomas. The drug uses monoclonal antibodies that have been "humanized" or made to resemble antibodies that are made by the human body, to reduce the chance of mounting an immune response to the treatment. Yttrium 90, a radioactive substance, is attached to the antibodies to enhance their effect, which can be important when treating bulky disease. The primary use is for the treatment of indolent and aggressive NHLs. For information, contact Immunomedics, Inc.: (800) 327-7211; [www.immunomedics.com](http://www.immunomedics.com)

**Neulasta™ (pegfilgrastim)**

Neulasta™ is a long-acting form of recombinant human granulocyte colony-stimulating factor (r-met HuG-CSF). Neulasta stimulates the production of infection-fighting white blood cells (neutrophils) that are depleted by cytotoxic

chemotherapy. It was approved by the US FDA in January 2002 to decrease the incidence of infection as manifested by febrile neutropenia (fever associated with a severe drop in neutrophils) in patients with non-myeloid malignancies receiving myelosuppressive anti cancer drugs. The recommended dosage of Neulasta™ is a single dose injection administered once per chemotherapy cycle, 24 hours after chemotherapy, but no sooner than 14 days before the next cycle. In clinical trials, the most common adverse event attributed to Neulasta™ was bone pain, reported in 26% of patients. The most serious adverse event attributed to Neulasta™ was hypoxia, reported in one patient. For information, contact Amgen: (800) 772-6436

**Neumega® (Oprelvekin)**

Neumega® is a platelet growth factor which stimulates thrombocyte (platelet) production. Approved in 1997 for the prevention of severe thrombocytopenia (a decrease in normal platelet count), Neumega has reduced the need for platelet transfusion following myelosuppressive chemotherapy in patients with non-myeloid (non-bone marrow) malignancies. Severe thrombocytopenia, which can delay planned chemotherapy, has been a significant complication in patients with solid tumors and lymphoma. For information, contact Wyeth Oncology: (800) 934-5556

**Neupogen® (Filgrastim)**

Neupogen® by Amgen is the trademark for Filgrastim, a human granulocyte colony stimulating factor (G-CSF), produced by recombinant

DNA technology. These colony stimulating factors are substances naturally produced by the body, stimulating the growth of different cells found in the blood and the immune system. Neupogen increases the production of infection-fighting white blood cells called neutrophils. Neupogen has shown a decrease in the incidence of infection in patients with malignancies receiving myelosuppressive (reduction in bone marrow function) chemotherapy. It has also reduced the incidence and duration of neutropenia (decrease in neutrophil counts) and disorders that result from neutropenia in patients with severe chronic neutropenia and patients with malignancies undergoing chemotherapy followed by bone marrow transplantation. Neupogen is also used in the harvesting of stem cells for transplants. Neupogen received additional approval in 1998 for use in patients with acute myeloid leukemia. For information, contact Amgen: (805) 447-1000; www.amgen.com

**Nipent® (Pentostatin)**

Approved in 1991 for the treatment of patients with hairy cell leukemia, SuperGen's Nipent® is pending FDA approval for new indications that include the treatment of various mature T-cell lymphomas, particularly cutaneous T-cell lymphoma (CTCL) and peripheral T-cell lymphoma (PTCL). CTCL is a cancer of lymphocytes that can involve the bone marrow and internal organs in addition to the skin. Nipent prevents cell growth by damaging genetic material and blocking a key enzyme, adenosine deaminase (ADA), which is expressed at high

levels in rapidly dividing cells and particularly T-cell lymphomas. Nipent has demonstrated efficacy in chronic lymphocytic leukemia (CLL) and low-grade non-Hodgkin's lymphoma and is actively being studied in both. For information, contact SuperGen: (888) 437-8737

**Oncophage™ (HSPPC-96)**

Oncophage® is a personalized vaccine based upon heat shock protein (HSP) technology. It consists of HSP-peptide complexes derived from each patient's cancer. Oncophage is designed to re-program the immune system to recognize, react against and eliminate cancer but not normal cells. This is because each patient's cancer cells contain unique cancer-related or cancer-specific antigens. This precision makes Oncophage therapy different from conventional cancer treatments. For information, contact Antigenics Inc.: (866) 805-8994; www.antigenics.com

**Procrit® (epoetin alfa)**

Approved for the treatment of anemia associated with cancer chemotherapy; chronic renal failure patients not on dialysis; AZT-treated, HIV-infected patients; and for the treatment of anemic patients scheduled to undergo elective noncardiac, nonvascular surgery. Epoetin alfa is marketed outside of the United States under the trade names EPREX® and ERYPO® for the treatment of anemia associated with cancer chemotherapy, chronic renal failure patients not on dialysis and patients on dialysis, and for the treatment of anemic patients scheduled to

undergo elective orthopedic surgery. For information, contact Ortho Biotech Products: (800) 325-7504; [www.procrit.com](http://www.procrit.com); [www.4anemia.com](http://www.4anemia.com)

#### **Proleukin® (aldesleukin)**

Proleukin® for injection is a human recombinant interleukin-2 product. A multi-center, Phase II/III study of Rituxan® (rituximab) anti-CD20 antibody, in combination with Recombinant Human Interleukin-2 (IL-2, Proleukin) is currently underway for patients with relapsed low-grade or follicular non-Hodgkin's lymphoma who have previously failed rituximab. The goal of this study is to evaluate the therapeutic effectiveness of combination immunotherapy using low-dose, subcutaneously administered IL-2 plus rituximab. The IL-2 increases the number and activity of natural killer cells (NK cells) in the body, which are believed to be critical for optimal tumor cell killing by anti-tumor antibodies such as rituximab. Phase I studies using this combination showed that increases in NK cells induced by IL-2 correlated with clinical responses (presented at the American Society of Clinical Oncology meeting, May 2002). For information, contact Chiron Corporation: (510) 923-4741; [www.chiron.com](http://www.chiron.com)

#### **Recombinant Idiotype Immunotherapy (Id-KLH), Idiotype Vaccine**

Recombinant Idiotype Immunotherapy, often referred to as the idiotype vaccine, is an investigational therapy in which a custom-made protein (the idiotype) is derived from a patient's tumor cells.

The idiotype is modified to appear foreign and when administered, stimulates the patient's immune system to attack the cancer while leaving healthy cells unharmed. In patients who have minimal disease or who are in remission, preliminary studies show that the idiotype may have an anti-lymphoma effect. For information, contact Genitope: (888) Genitope; [www.genitope.com](http://www.genitope.com)

#### **Remitogen™ (apolizumab)**

Remitogen™ is a humanized monoclonal antibody that is being studied in multiple medical centers for the treatment of patients with low-grade non-Hodgkin's lymphoma (NHL) who have not adequately responded to chemotherapy or Rituxan® therapy. Remitogen is also being studied for the treatment of patients with relapsed chronic lymphocytic leukemia (CLL)/small lymphocytic lymphoma and, in collaboration with the National Cancer Institute (NCI), in combination with Rituxan for the treatment of relapsed NHL or CLL. Remitogen specifically recognizes and binds B cells containing a cell surface marker called HLA-DR, which is commonly present on lymphoma and leukemia cells. For information, contact Protein Design Labs: (800) 772-0482; [www.pdl.com](http://www.pdl.com)

#### **Rituxan® (rituximab)**

Rituxan® was FDA approved in 1997 as the first monoclonal antibody, a form of targeted therapy, for the treatment of relapsed/refractory low-grade or follicular, CD20 positive B-cell NHL. It is now being studied in aggressive NHL and chronic lymphocytic leukemia (CLL). The drug hones in on the

B cell, the cells that are most involved in NHL. Rituxan attaches to the B cell and signals the immune system to destroy only these cells. Because it does not result in the more severe side effects of chemotherapy or radiation, Rituxan can be used again if needed. In addition, Rituxan's less toxic side effect profile allows it to be studied in combination with chemotherapeutic agents. Rituxan is co-marketed in the U.S. by Genentech, Inc., and IDEC Pharmaceuticals. For information: (800) 821-8590; [www.rituxan.com](http://www.rituxan.com)

#### **Thalomid® (thalidomide)**

Thalidomide® was approved in 1998 for the treatment of a leprosy-related condition, erythema nodosum leprosum. However, the vast majority of commercial thalidomide use is in oncology, primarily multiple myeloma, but a number of studies are ongoing in the treatment of lymphoma as well as other solid tumors. Thalidomide has a number of mechanisms by which it works and includes anti-angiogenic, immunomodulatory and anti-inflammatory actions. It is typically used in combination with chemotherapeutic agents, which appears to improve the anti-tumor action. As an anti-angiogenic agent, long-term therapy is common. The initial results in lymphoma are preliminary but have justified additional clinical studies in both Hodgkin's and non-Hodgkin's related tumors. For information, contact Celgene Corporation: (800) 890-4619 X3905; [www.celgene.com](http://www.celgene.com)

**UVADEX® (Methoxypsoralen)**

UVADEX® is used with the UVAR XTS System. The UVAR XTS System is indicated for use in the UVA irradiation, in the presence of the photoactive drug Methoxypsoralen (UVADEX) of extracorporeally circulating leukocyte-enriched blood in the palliative treatment of the skin manifestations of CTCL in persons who have not been responsive to other forms of treatment. Phase III, randomized, single-blind clinical trials are being conducted to study extracorporeal photoimmune therapy with UVADEX in conjunction with standard therapy compared to standard therapy alone for the treatment of skin manifestations in patients with steroid refractory or steroid dependent chronic graft versus host Disease (GvHD). The studies are designed to compare the safety and efficacy of ECP used in conjunction with standard immunosuppressant therapy to standard therapy alone in a controlled setting. The clinical trials are currently ongoing. For information, contact Therakos, a Johnson & Johnson Company: (800) 255-2500; www.therakos.com

**VSLI**

Vincristine sulfate liposomes injection (VSLI; also known as Onco TCS), is a new delivery system for the chemotherapy drug vincristine. The liposome delivery system is used to transport vincristine in a microscopic fatty droplet and has the potential to decrease the exposure of vincristine to healthy cells and deliver more of the drug to the cancer cells. VSLI is currently being evaluated in a pivotal Phase II/III clinical trial for the treatment of

second or later relapsed aggressive non-Hodgkin's lymphoma. VSLI is also currently being evaluated in seven Phase II clinical trials as a treatment for: first-line non-Hodgkin's lymphoma in combination therapy with other anticancer drugs, relapsed non-Hodgkin's lymphoma in combination with Rituxan® (two trials), relapsed non-Hodgkin's lymphoma in combination with etoposide (two trials), For information, contact Inex Pharmaceuticals Corporation: (604) 419-3200; www.inexpharm.com

**Zevalin™ (ibritumomab tiuxetan)**

Ibritumomab tiuxetan (Zevalin™) is the first radioimmunotherapy approved for the treatment of relapsed or refractory low-grade, follicular or transformed B-cell NHL, including patients with Rituxan® (rituximab) refractory follicular NHL. Radioimmunotherapies are made by linking monoclonal antibodies to radioactive isotopes. When infused, Zevalin's radiation-carrying monoclonal anti-

bodies locate and bind to CD20 antigen on the surface of mature B cells and B-cell tumors, causing cellular damage in target and neighboring cells. Normal B cells generally are replenished within 6-9 months. The Zevalin regimen includes: Rituxan (rituximab), indium-111 Zevalin and yttrium-90 Zevalin. The regimen involves treatment over the course of about one week, which includes imaging tests. As with other NHL therapies, the Zevalin regimen does involve risks. Treatment with yttrium-90 Zevalin can result in very low blood counts for a prolonged period of time. Zevalin should not be given to patients with bone marrow that contains >25% lymphoma cells, and/or patients whose bone marrow may have difficulty recovering from therapy. In addition, Rituxan, which is a component of the Zevalin regimen, has been known to cause a severe form of allergic reaction in some patients. For more information, contact IDEC Pharmaceuticals Medical Affairs: (877) 878-4332; www.idecpharm.com ●



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